

The Angel

Thursday 2nd August 2018, Volume 19



2018 FRANCISCAN LEADERSHIP PROGRAM PARTICIPANTS

Pictured from L-R Back: Blake Lovell, Kallum Green, Declan Brunskill, Nicholas Thorp, Bella Sheehan, Molly Coburn, Ellie Mae Warrin, Bradley Skidmore, Matthew Slattery, Angela Noonan, Dempsey Nye and Justin Watson. Middle: Samantha Green, Annie Holt, Digby Bunnett, Emily Seiter, St Mary of the Angels Secondary College Principal, Matt Carver, Director of Catholic Education in the Sandhurst Diocese, Paul Desmond, Daisy Lester, Natalie Russo, Ellie Clydesdale and Aimee Wilson. Front: Pooja Krishnankutty, Emily Tymensen, Meg Brooks, Sophie McCracken, Rian Mendoza and Elizabeth McKenzie.

BLESSING OF ST FRANCIS

**May the Lord bless you and keep you,
May He show His face to you
and give you mercy.
May He turn to you His countenance
and give you peace.
AMEN**



St Mary of the Angels'
Basilica, Assisi

St Mary of the Angels Secondary College

Chapel Street, Nathalia, Victoria, 3638

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*Porziuncola inside the
Basilica of St Mary of the Angels*



Principal's News

Matt Carver, Principal

Dear Parents / Guardians, Staff, Students and Friends,

This week I would like to offer the blessing of St Francis from Br. Leo as our prayer. On Thursday 2nd August our community celebrated the Feast of St Mary of the Angels and this blessing has significance in the Franciscan tradition. St Mary of the Angels is the womb of the Franciscan tradition, it is where St Francis began the Franciscan order, where St Francis died and is a place of true pardon and mercy.

One of the many features of our College is our willingness to be outwardly focused and proactive for the betterment of our students. Our much loved FMDM sisters answered the call to come to Australia and start our school with the simple words 'Thy will be done'. Our school motto has resonated through many of the activities currently taking place at the College.

Last week our Catholic Identity week focused on our Franciscan charism thanks to the work of our Franciscan visitors from the USA. The 2019 Pilgrimage to Rome and Assisi is again gathering momentum and the Year 9 immersion program has begun with our staff and students travelling to many parts of Australia to build lasting relationships and immerse in aboriginal culture and their communities. Congratulations also to our VCAL students who are engaging in work related to the many asylum seekers. Finally, early preparations have begun for our annual FMDM Grand Prix in late September. As per usual the College is busy with a myriad of learning activities taking place both in and out of the classroom.

Thank you to Mr Paul Desmond Director of Catholic Education, Sandhurst for again making the time available to come and present to our twenty-eight participants involved in the Franciscan Student Leadership Program. Throughout the course of the five Wednesday evenings the cohort of aspiring leaders are working with Mr Tim Campbell, Mr Paul Desmond, Ms Leonie Irwin, Ms Kate Wilde and myself. The students are to be congratulated in taking a risk and going outside of their comfort zone to be involved. The learnings, insights and skills learnt will remain with these students throughout both their schooling and working life.

I am sure that our past FMDM sisters and more specifically, Sr Ann Kiely (RIP) and Sr Carmel Spratt would be comforted in the knowledge that our staff and students are also living by the words 'Thy will be done' in our day to day actions.

Before concluding, on behalf of our College community we offer our prayers and thoughts to Skye Said and Isabella Fotia who are recovering in hospital after a car accident last weekend. We pray for a full recovery for both Skye and Izzy and wish the families well during this very difficult time. We pray that God is walking by their side and guiding them on their journey to recovery.

***With Peace and Goodwill,
Matt Carver***

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Deputy Principal's News

Chris Dainton

Deputy Principal - Catholic Identity

Last week we celebrated Catholic Identity Week at the College and reminded the community to EMBRACE YOUR FAITH! This call was answered in the energy of the participation by staff and students and for that I thank everyone involved.

Our Prayer Wall and Can Wall are both still growing in student reception and I encourage students to continue to bring in cans of soup, fruit, baked beans and spaghetti as we will pass these gifts to our local community at the start of next week.

Phoebe Timmis (vocals) and Ruby Wyatt-Carter (guitar and vocals) entertained listeners with a concert in the warm sunshine on Friday, playing a set of songs from the Christian music charts. The location of the Year 9 balcony turned out to be the ideal setting as students and staff ate their lunch and listened to the talented performers. Phoebe and Ruby are both part of the VET Music program at the College and managed the process from rehearsal to set up/pack down.

On Tuesday this week, the last event on the Catholic Identity Week calendar was marked, as Mr Nihill lead his Year 10 EPP group to 'the block' to plant 100 native saplings. The planting tied in with National Tree Day on July 27th and is an important link to our Franciscan charism, which calls us to be active stewards of our environment. Hopefully the students involved will return to the site in years to come and witness a thriving environment that was due to their hard work and connectedness to the Catholic faith.

So, whilst Catholic Identity Week has sadly come to an end, don't stop embracing, growing and sharing your faith - let it live!



Year 10 students Trent Collyer, Gabi Pryde, Ally Vanderhoek (pictured above L-R), Ben Lukies and Luigi Carpinelli (pictured below) support the environment planting trees on National Tree Day. Bob and Andy (below) on the shovels.



Deputy Principal's News

Bev Thorp

**Assistant to the Principal -
Learning and Teaching**

SENIOR SCHOOL INFORMATION PROGRAM

It may be difficult to believe, but planning for 2019 is already underway with current Year 10 and 11 students considering pathway and subject options for 2019. The Pathways program involved all Year 10 students in a three day program this week, looking at school and career pathways. The program culminated with the Senior School Information Night, held in conjunction with Nathalia Secondary College and included attendance from TAFE and other external training and apprenticeship providers. Thank you to our organisers, Mrs Anne Berend and Mr Barry Norton for their tireless work in putting this program together, and to the large numbers of staff involved in the three day program and in making presentations and manning information booths at the Information Evening. Thank you also to the large numbers of parents and carers who attended with their children to investigate pathway and subject options. Any parents or students who may not have been able to attend the Information Evening, or may have further questions, are invited to contact relevant teachers or myself at any time. St Mary of the Angels is proud of our commitment to our students and we are more than willing to help support students and their families through this important decision making time.

YEAR 9 IMMERSION PROGRAM

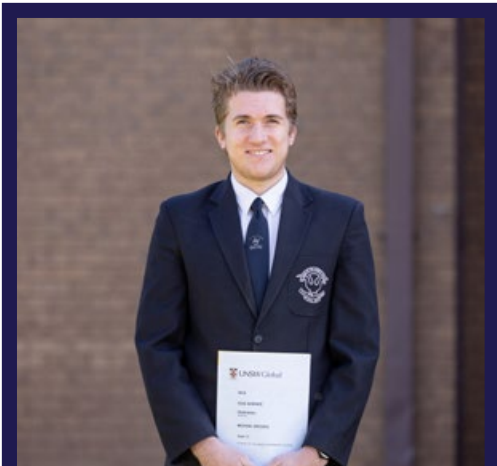
Our Year 9 Aboriginal Immersion Program is underway with the first group of students heading to Lake Mungo National Park this week, and two more groups leaving for the Grampians National Park and Yipirinya School in Alice Springs next week. Further Immersion experiences will take place in northern Western Australia (One Arm Point and Bililuna), and Camp Jungai at Rubicon.

For the first time this year, we will also see a student group participate in cultural experiences in Kakadu National Park. This is a particularly busy and exciting time of the year for our Year 9 students and staff who juggle not only their individual immersion experience but also school work while other groups move in and out. While the focus of the Immersion Program is undoubtedly the understanding and respect that our students gain for our indigenous history, communities and environmental spirituality, students also enter into a more self-directed school curriculum where they must plan and monitor their learning progress against provided checkpoints.

These skills encourage self-motivation and organisation, key skills for our learners entering a dynamic future workforce. We wish all of our Year 9 members well as they embark on a very exciting and fulfilling term!

CURRICULUM AWARDS

Congratulations to the students who were acknowledged at our College Assembly on Thursday (pictured below and page 5) . St Mary of the Angels is truly a very dynamic environment with students regularly engaged in a variety of sporting opportunities and excursions, and also curriculum based activities. This week, students who were involved in the National Day of Italy celebrations were acknowledged, as was the achievement of students in the ICAS Science competition, and student success in public speaking. It is fantastic to see students engage in activities in addition to their regular classroom program as this not only supports their learning and provides valuable opportunity, but adds tremendous embellishment to their school experiences and demonstrates a willingness of the student to be involved and push themselves beyond the minimum expectations - wonderful attributes for future contributors to our community. Well done to all involved.



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KATE WILDE ENHANCES OUR FRANCISCAN LEADERSHIP PROGRAM

L-R: Molly Coburn, Blake Lovell, Kate Wilde, Bradley Skidmore and Maddie Pawlowicz

**Tim Campbell, Deputy Principal
Student Wellbeing & Development**

FRANCISCAN STUDENT LEADERSHIP PROGRAM

This week we were excited to have Kate Wilde (The Human Development Workshop/VIC SRC) present to our students as part of the Franciscan Student Leadership Program.

Kate as always is an entertaining and motivating educator who thrives on getting the best out of young people. Her message around student voice, their role as student leaders and her ability to inspire is absolutely amazing.

We thank Kate for her time and hope our leaders learnt some great skills whilst being entertained thoroughly.

KATE WILDE

Kate is an educator, counsellor and development worker with over twenty years experience working with young people, their families and communities.

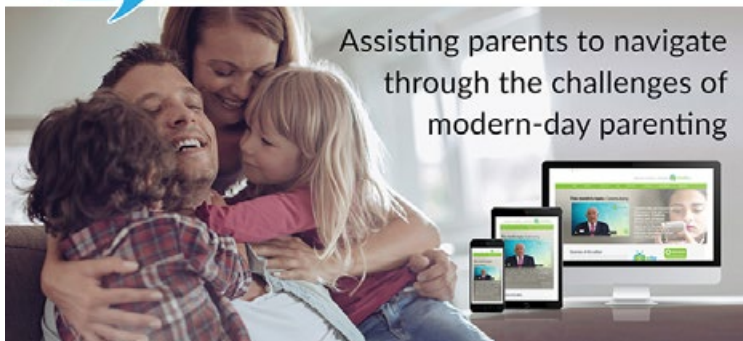
After working in outdoor education and at an indigenous drop-in centre in South Australia Kate spent five years at Manningham Youth and Family Services as a counsellor and Programs Coordinator. After a spell in the Yarra Ranges as Youth Programs Coordinator for Upper Yarra Community House she founded 'The Workshop' with Richard Williams and has gone on to become a highly respected provider of programs to agencies, schools, refugee groups, LGA's and community organizations running workshops on diversity, leadership, mental health, adolescent development, and other relevant topics. Kate is an engaging facilitator of parent/carer and community forums and sought after conference speaker and facilitator. She also maintains a small counseling practice working with young people and their families.



St Mary of the Angels aims to provide a safe, supportive and welcoming environment where all students can flourish.



Assisting parents to navigate through the challenges of modern-day parenting



Sandy, Carmel & Rowan, Wellbeing Team

This week on SchoolTV - 'Body Image'

Kids today are more obsessed with their body image than those in past generations. This is partially influenced by the media and their social connectivity. Encouraging kids to have a healthy body image in childhood, can lay the foundations for good physical and mental health later in life.

A recent study highlighted that body image is one of the top three concerns for Australian youth. Over half of girls in high schools have tried to lose weight. One-third of teenage boys wanted to be thinner and another third wanted to be larger. Children need to understand that their body shape and size is not a reflection of their health or success. Parents and schools need to work together to help kids understand that everyone is born with their own 'body-suit'.

In this edition of SchoolTV, parents will learn how to encourage their child to have a positive body image and why it is so important to their mental health. We hope you take time to reflect on the information offered in this edition and we always welcome your feedback.

If you have any concerns about your child, please contact our Wellbeing Team for further information.

THIS MONTH:

Body Image

Why are kids today so obsessed with their body image?



CONNECTING • INFORMING • EMPOWERING



KIND

Do the right thing even when nobody is looking

Being kind has major benefits for you!

Alison Dietrich,

Positive Behaviours' Leader

Term Three is all about KINDNESS! Being kind, caring and compassionate to our fellow human beings has loads of social, physical and mental benefits for us (and the person we're being kind to)! This gives us all the more reason to get our nice on!

It feels good to be kind, however, there are other ways that being kind benefits you:

When we feel love and kindness toward others, it not only makes others feel loved and cared for, but it helps us also to develop inner happiness and peace.

The 14th Dalai Lama

1. **Self-esteem booster:** Being **KIND** to someone gives us a boost of positive emotions which can help us to see ourselves in a more positive light.
2. **Improved social life:** Being **KIND** to others helps to maintain fulfilling friendships and can also help you to make new friends.
3. **Optimism:** Doing **KIND** deeds helps us to see that we can make a positive difference in our own lives and the lives of others.
4. **Less stress:** Having a **KIND** attitude means that you will face less conflict with people in your life.
5. **Gratitude:** Being **KIND** encourages us to be grateful for things that we already have.

Since the beginning of the term, staff and students at SMOTA have been given a daily challenge of kindness. It's been encouraging to see the smiles and laughs that these simple acts of kindness have promoted each day – a great way to start the school day!

Click the link to see more about the science of kindness:
<https://www.youtube.com/watch?v=O9UByLyOjBM>



On the last day of Term Three we will be celebrating the Feast of St Francis of Assisi with a liturgical celebration as a school community, followed by Feast Day activities in conjunction with the FMDM Grand Prix.

Each year the FMDM Grand Prix event raises much needed funds to assist the FMDM Sisters' 'House of Hope' support and educate children in Zimbabwe. The children at the 'House of Hope' live on two meals a day, one of which is just porridge. The money we send is used to pay for the childrens' school fees. As education is the only way to lift them out of a life of poverty.

We ask that students seek sponsorship for their homeroom's 'Grand Prix Car' with families, friends and businesses in their local communities (*On page 8 of this week's newsletter is a letter for sponsorship requests from businesses and families*).

So please start collecting your cardboard and seek donations for our annual FMDM Grand Prix which will take place on Friday 21st September.

On the day there will be a car parade, with the great race held later in the day during the Feast Day activities. The FMDM Grand Prix is a handicapped race, every \$10 raised will be give a metre advantage to the homeroom's car on the track.

There will be prizes for:

- the 'best car on show' in the Junior, Intermediate and Senior section;
- The homeroom that raises the most sponsorship and donations;
- and the homerooms that wins their respective race (junior, intermediate and senior).

The Rules of the race will be as follows:

1. Three races will be run: Junior (7&8), Intermediate (9&10) and Senior (11&12)
2. The car that enters the parade must be the same car which competes in the race. No pieces can be added or removed after the 'car parade'. The Car must have a number and sponsors on show.
3. All racers must wear a helmet at all times. (The protective and safety qualities are not an issue).
4. Two laps of the circuit to be completed with a change after one lap. The driving team must be comprised of two males and two females.
5. After the first lap, the car may undergo repairs.
6. To be qualified a finisher, the car must still be held together at the end of the race.
7. A car can be made of several pieces of cardboard or boxes, but it must be a single box. (Trains not permitted)
8. The Judges' decision is final and no dispute will be entered into.

1st August 2018



To Whom It May Concern,

The St Mary of the Angels Secondary College Social Justice Group, is coordinating the annual FMDM Grand Prix event on Friday, 21st September. Last year we raised \$8,8057 which was donated to the FMDM House of Hope in Zimbabwe. We are hoping to at least match this amount but endeavour with your help to exceed it. This year we are planning once again to send money to aid the FMDM sisters in Zimbabwe and also contribute towards the communities in Cebu, Philippines which our Year 12 students in the Alternative Schoolies program will assist at the end of this year.

Students in each homeroom are invited to build a cardboard car (like on the Flintstones), decorate it and enter it in an obstacle race. Each homeroom is asked to raise money through sponsorship. The logo/name of the sponsors will appear on the cars that they make, as well as in the St Mary of the Angels newsletter, 'the Angel'. The race is a handicap event, so the more money raised by each homeroom the greater the advantage in the race.

Any donation, irrespective of the contribution, would be greatly appreciated. Your money will contribute to the success of our event and will be put towards a worthwhile cause.

Yours sincerely,

Chris Dainton

Deputy Principal – Catholic Identity



ST MARY OF THE ANGELS FMDM GRAND PRIX 2018

Name & homeroom of student requesting sponsorship:

Name of Business/Organisation:

Contact Person:

Mailing Address:

Amount donated:

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'A duty of justice, civility and solidarity'.

Kate Berend, Year 12 Social Justice Leader

The conflict in Syria is now the largest displacement crisis in the world since World War II. Over half of country's pre-war population has been forcibly displaced. It is estimated 5.6 million people are seeking refuge with poverty rates for refugees exceed 80% in some countries. A refugee is someone who has been forced to leave their country in order to escape war, persecution, or natural disaster, which is exactly the case for these Syrian civilians. All of these people have been crossing the border since 2011 with the conflict in Syria continuing to be the largest refugee crisis in the world – there are over 5.6 million Syrian refugees registered, with over 2.6 million being children, in a region faced with deepening economic, social and development challenges.

Syria's pre-war population of 22.4 million people is quite similar to Australia. However, Syria is forty-one times smaller than Australia or about 80% of the size of Victoria. Refugee families have become increasingly vulnerable with each passing year of displacement: poverty rates exceed 80 per cent in some host countries; some 35 percent of Syrian refugee children are out-of-school, and early marriage and forced child labour are compounded by lack of livelihoods.

March 15th, 2018, marked the start of the eighth year of conflict in Syria. Just over seven years ago, a peaceful uprising against the President of Syria descended into a full-scale civil war. In 2011, a group of young people in Deraa wrote anti-government graffiti on a wall, were arrested and were reportedly tortured by the government. This was one of the starting points of the conflict. The living situation for Syrian refugees across the region continued to be extremely challenging in 2017. Many of the refugees have now been in the host country for four or more years and struggle to make ends meet. While the vast majority of Syrian refugees continue to be geographically integrated, with host communities in urban, peri-urban and rural areas, they are increasingly vulnerable and face extremely high rates of poverty.

As a Social Justice group we endeavour to raise awareness of the plight of some of the world's most vulnerable people such as refugees and asylum seekers.

We would like to thank the VCAL students for their efforts in refugee week and their fundraising for the asylum seeker refugee centre. As part of a Catholic community we acknowledge everyone as our neighbour, To quote Pope Francis **'We have a duty toward our brothers and sisters who, for various reasons, have been forced to leave their homeland; a duty of justice, civility and solidarity'.**



Our Careers and Pathways Team Karin Sutton, Barry Norton and Sherry Atkins.

NEW FACES AT SMOTA

We welcomed two new members to the Careers and Pathways team this term, Sherry Atkins and Careers VTAC Consultant, Karin Sutton.

Sherry who is from Kyabram has a diverse background in nursing and education and for the last nine and a half years in Early Childhood Intervention and the National Disability Insurance Scheme working with families and children with disability and developmental delays with transition from preschool to primary school.

Karin who is also from Kyabram has been a respected member of the Kyabram P-12 College for the last twenty years working specifically with careers since 2003 and as the Careers Coordinator since 2005.

Sherry will assist in supporting students with transition and pathways at all levels of the school. Her knowledge, her networking skills and her approachable nature are going to be a real asset to the school and in particularly to our students.

Additionally, Karin's experience will be invaluable to the team and in supporting students, in particularly senior students with their pathways and their VTAC and UAC processes.

Facilitating further VTAC pathways is a growth area for the College and we aim to provide that professional support for students throughout their journey.

It can be a daunting time for senior students and their parents, particularly for those who are going through this process for the first time.

If you have any questions or need guidance for career pathways, applications or scholarships please contact our Careers and Pathways team Barry Norton, Sherry Atkins or Karin Sutton at the College on 58662222.

OUR DAY IN COURT

Simone O'Brien, Legal Studies Teacher

A very early start did not deter twenty-five Unit 3&4 Legal Studies students from a trip to the Melbourne Courts.

After a brief introduction, we were split into two groups and each group took turns in the County and Supreme Courts. Each group participated in a mock trial in the Supreme Court, with Cooper Beitzel being a very convincing accused. Each group spent time observing a trial in the Supreme Court, with my morning group watching a trial of an accused murder. While at the County Court, each group met with a County Court judge who explained some of the challenges of our Justice System. The group I lead met Judge Patricia Riddell, who is currently the youngest judge serving on the County Court.

She is a very articulate and inspiring woman. Our last session was spent watching a County Court cases with nine defendants in Court accused of being part of a 20 million dollar drug syndicate.

It was a quiet trip home as we all reflected on the court cases we had observed. A special mention must go to Miss Brooks for joining our Legal Studies group to Melbourne.



Science News

How will you science this National Science Week?



national science week
11–19 AUGUST 2018
scienceweek.net.au [#scienceweek](https://twitter.com/scienceweek)

Monday 13th Aug	Tuesday 14th Aug	Wednesday 15th	Thursday 16th Aug	Friday 17th Aug
Morning Tea Please bring a science themed treat to share. Science themed music over the sound system Daily quizzes on Simon	Lunch time 1pm Minute-to-win-it activities Sci A	Lunch time 1pm Biology Dissections Prac Lab	Lunch time 1.15pm Auditorium Chemistry Show	Lunch time 1pm Catapult finals Auditorium

During the week year 7 & 8 students will build and test their catapults'. The winning group from each class will compete in the Friday finals.

Where are they now?



**Anna Bakogianis
(above) today and as a
Year 12 student.**



As we begin our preparation for this year's annual FMDM Grand Prix it seems only appropriate to catch up with St Mary of the Angels graduate Anna Bakogianis whose inspiration and planning began this tradition ten years ago.

As an active member of St Mary of the Angels Social Justice Group throughout her secondary education Anna is particularly vested in the success of the Grand Prix to help our Franciscan Sisters in Zimbabwe.

Anna Bakogianis, St Mary of the Angels Alumni 2011

I graduated from St Mary of the Angels in 2011. In VCE, I completed physics, chemistry, biology, math methods and specialist math.

I moved to Melbourne and completed a Bachelor of Biomedicine at The University of Melbourne from 2012-2014. My first two years, I enjoyed living at St Mary's College, Parkville which is affiliated with the university. During my final year degree I was fortunate to travel to Mexico to complete an intensive subject in Public Health.

At the completion of my undergraduate degree I received a place in the four year, post-graduate Doctor of Medicine at The University of Notre Dame in Fremantle, Western Australian. In 2017 I was privileged to spend a year placed at Broome Hospital, and relished living up north especially with the opportunity to spend time in many of the Aboriginal community health clinics.

I am now well into my seventh and final year of study, living back in Perth with different specialty placements across the Metropolitan hospitals. I am also completing a small anaesthetics research project into pain medicine and patient understanding of opioid medications, an area of interest of mine and to satisfy the masters component of my degree.

My final exams are in October of this year. I am very excited to then travel to England, where I have been accepted to complete a four-week elective in the Intensive Care Unit at St Thomas' Hospital by King's College, London. I am honored to have received a scholarship from The Catenian Association which will assist in funding this trip.

I graduate in December, and have been offered an internship (junior doctor) position at Royal Perth Hospital for 2019.

I am very thankful for my secondary schooling at St Marys. As well as core subjects, the extracurricular activities it offers such as various public speaking, committees and leadership opportunities have been an asset. I was Social Justice Captain in Years 10, 11 & 12 and I take pride in the fact that I inaugurated the very first Grand Prix. Beyond building my resume, I learned skills that improved my confidence and critical analysis skills and have since assisted my performance in many interviews and medical presentations in hospitals. I could not have asked for more dedicated teachers during my time at school, I am still grateful for the tools they provided me with on entering the next phase of my journey.

Year 12 Chemistry invite you to THE SCIENCE SPECTACULAR

**St Claire Auditorium
Thursday 16th August**

Please be seated by 1.15pm!!

Suffolk Program breeds success

Eighteen months into our South Suffolk Sheep Breeding Program and SMTOA is thrilled to introduce our two newest members of the flock (pictured right).

We currently have two rams and five ewes involved in the breeding program and our first drop has produced twins, a ram and a ewe who are now a little over one week old.

successful results.

Our breeding stock comes from Willow Drive South Suffolk Sheep Stud near Grassmere in Victoria and all going well we will be showing them at Finley, Cobram and the Melbourne Shows again this year.

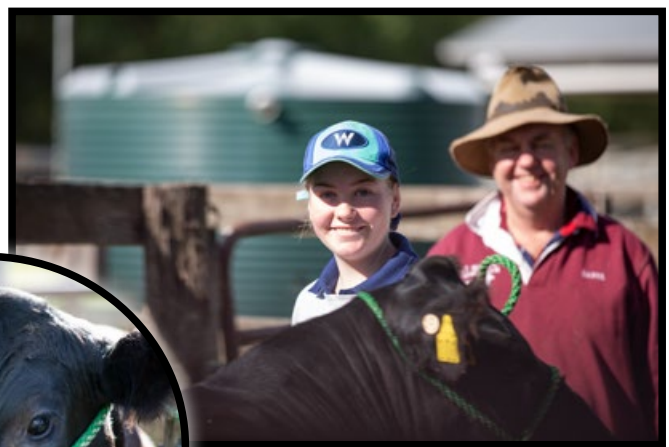
We're extremely proud of our South Suffolk Sheep Breeding Program, much time and effort has been invested into not only choosing the right foundation stock to commence the program, but also into ensuring the participating students are given every opportunity to be a part of every aspect of the program.

The program caters for students from Year 7-12 where they learn to understand the requirements of a breed and what a sheep's confirmation needs to be to meet a certain standard and how we achieve this outcome.

Pictured left: SMOTA Sheep Handling team members, Emily Whatman, Kynan Bethell, Hamish Morris, Emily Kraft, Meg Brooks and Cassie Brooks with three of the South Suffolk Sheep involved in the breeding program along with our brand new lambs.



Above: Kynan Bethell and Emily Kraft have first cuddles of the new additions to the flock



The Cattle and Sheep Showing team will begin the showing season this term. Above: Bridie Chester leads the bull under the guidance of her father Daryl Chester.



Our Sports Coordinator Mr Brodie Ross caught up with the Joshua O'Dwyer and Marcus Evans (pictured below) for an interview and a debrief after their recent running events as representatives of the College. Here is what they had to say about their performances and future goals.

TAKING IT TO STATE CROSS- COUNTRY

What did you have to do to qualify for the State Championships?

MARCUS EVANS: Cross Country started at the school stage, where I finished first in my age group. Then I had to compete at the Divisional stage where I had to finish top 10 to move on. (I finished second at this event.) I went on to Stawell for the Regional Championships where I finished 3rd, this allowed me to qualify for State Level competition.

JOSHUA O'DWYER: At our House Cross Country I finished 1st place and then went on to the Campaspe Cross Country in Echuca where I also finished 1st in my age group. At the regional level held in St Arnaud I finished 2nd place.

Did you have any expectations going into the event?

MARCUS EVANS: I knew the competitors would be quicker than the previous stages and I had to prepare better for the event. I went through a more intense warm up to prepare myself for the event. I observed the conditions prior to the day for example the track conditions and what the weather would be like so I could identify where I could use my strengths during the race.

JOSHUA O'DWYER: I was hoping to finish in the top twenty but other than that just looking forward to completing the course as fast as I could.

How did you think you went?

MARCUS EVANS: I was fairly happy with my result as my preparations were limited this year with a knee injury preventing my training. I had a goal to finish within the top twenty-five. When I saw that I finished 7th I was pretty stoked.

JOSHUA O'DWYER: I was pretty happy with the result. I was exhausted by the end of it and couldn't run much quicker. It was a tricky course with plenty of hills. Overall I was satisfied with the result.



What was your time?

MARCUS EVANS: I finished with a time of 16:58 for my 5km. I was averaging 3:23 minutes per kilometre. Which wasn't to bad.

JOSHUA O'DWYER: I was able to finish in 9th place in the 16 year old age group with a time of 18:06 for 5km (3:37min/km). It was a little slower than my Regional time but I felt the track was a little trickier at Bundoora.

What's next for you and your running?

MARCUS EVANS: I am not really sure but I am competing in the Divisional Athletics in the 1500m and possibly the Steeplechase if I am able to.

JOSHUA O'DWYER: My main goal is to continue running well and hopefully get noticed by the Murray Bushrangers. My running is certainly helping with my football so hopefully I can continue that going into finals.



Above: Marcus Evans on the podium at Loddon Mallee Regional Cross Country.



Right: Joshua O'Dwyer on the podium at Loddon Mallee Regional Cross Country



Year 8 Boys' Soccer

Team pictured above.

Alex Braaksma & Matteo Allen, Year 8

The Year 8 Boys' Soccer Team arrived in Moama to face the Bendigo and Mildura school teams. We met Bendigo in the first game. The boys were 'up and about' for the match and ready to perform. When the whistle blew Bendigo were on top early kicking two first half goals. We had our chances at goal but didn't capitalize. The boys fought hard all game making good plays but, in the end Bendigo were too classy finishing the game 2-0. Clayton Beer was superb all game with Alex Braaksma in the midfield driving forward and Will Slatterie being a threat up top. Ryan Mele played a great game on a seasoned and well trained player.



Coming into the second game the boys were hoping for a win after their loss to Bendigo. We came in with a game plan that coach Vince Barca 'Vinnie' had prepared for us. We had kick off and about 5 minutes into the match Will Slatterie "Slats" was through, he composed himself and he BANGED it in the back of the net. Unfortunately the boys made a simple mistake and conceded a goal resulting in the score being 1 -1. Mildura scored another goal and we were 2 -1 down. We had to kick a goal to keep us in it and Matteo Allen takes one on and from outside the box, Matteo smashed into the bottom corner it was 2 - 2. Unfortunately that was it for us and Mildura got on top of us, kicking two more before the final whistle. Well done to all!



Year 8 Girls' Soccer

Team pictured top right.

Ella Johns & Skyla Griffin, Year 8

The Year 8 Girls' team arrived in Moama with only fifteen minutes to prepare. The first game we met Girton College from Bendigo and we knew going in it would be a very tough game. Laura McLeod fiercely defended but ended up injuring herself with a rolled ankle and was out for the rest of the day. One player down we still gave 110%. At half time we were down 8-nil but after some advice from coach Kye Roberts, we went back out with our heads high. We won the second half but the scoreboard didn't reflect the outstanding efforts. We were defeated by a much stronger Bendigo team 12-nil.

In our second and final game, we came out firing determined to win against St Joseph's College Mildura. We were losing 5-nil as we headed into the half time break. Unfortunately, we lost another player after Mackenzie Stephens rolled her ankle. We were still determined to win the half. One minute into the half we had a superb opening play with Sophia Gray running down the field pushing her opponent out of the way, Sophia crossed the ball into the box and Nicola Oliver booted it into the bottom left corner. We were all extremely excited about our first goal, which was closely followed with Sophia kicking a second inspirational goal. We won the half and were very happy about our efforts, but still disappointed about not having a win for the day.

Miss Rawson organised an additional game to be played against the SMOTA Year 7 team which we won 4-3. All the girls put their body on the line and had a fun day!



Year 7 Girls' Soccer

Team pictured above.

Zara Limbrick and Sophie Kelly, Year 7

The Year 7 Girls team arrived in Moama to play our only scheduled game, which we knew was going to be super tough. We played against Bendigo and they were very hard. Most girls improved throughout the day. The first half ended in 6-0, then the second half ended in 11-0. We had a few injuries, in the second half but our girls were strong and pushed through it. We improved in the second half and had a few great shots at goals but Bendigo were too strong. It was a great fun game, which we all enjoyed very much. We then an extra game against the SMOTA Year 8 girls which we ended up just losing 4 -3.





YEAR 7 FOOTBALL TEAM

BACK L-R: Joshua McKay, Nicholas Noonan, Kye Warrin, Darcy Conroy, Maksym Eddy, Gus Bramwell, Jackson Harris, Oliver Sheehan, Bailey Plattfuss. MIDDLE: Kynan Bethell, Tom Brooks, Max Frostick, Callum Hulley, Caleb Wilson, Regan Collins, Charlie Sheehan, Nash Motton, Kobie Rahilly. FRONT(KNEELING): Nathan Simpson, Blair Eddy, Ned Bramwell, Ethan Baxa, Nathan Page, Caleb Jezewski

JUNIOR BOYS' FOOTBALL

Jesse Trower, AFL Sports Trainee

A battle for the Year 7 Campaspe Football title was played at Nathalia Recreation Reserve on Tuesday.

The boys' football team got off to an excellent start against Kyabram P-12. Coach Mr Storer was pleased with the efforts of the boys and the game style they played which resulted in the win. Unfortunately, this was the only win they could manage on the day with both Echuca College and St Joseph's Echuca far too strong during the other games.

The teamwork and effort was a highlight throughout the day in all games. Callum Hulley and Charlie Sheehan worked tirelessly through the middle of the ground and did everything they could to put their team back into the game. Kye Warrin was a highlight down back driving the ball out of defence to the likes of Darcy Conroy and Gus Bramwell who controlled the airways all day. Nathan Page, Blair Eddy and Nash Motton were an integral part of the team and featured in the best players for the day.



Although the result were not what we hoped it was a great effort by the boys. A big congratulations to all that played. Also a very big thank you to our coach Mr Storer and Lachie Lambert who helped out all day.



YEAR 8 FOOTBALL TEAM

BACK L-R: Clayton Beer, Matt Hodgson, Luke Bosse, Hunter Verhoeven, Bailey Smith, Matteo Allen, Connor Baxa, Lewis Mele
MIDDLE: Lachie O'Hara, Mak Hindmarsh, Jack Gowty, Hayden Davis, Noah Iddles, Alex Braaksma, Jason Beckett
FRONT: Mitch Ward, Kade O'Dwyer, Braydie Wright, Hugh Hyde, Will Statterie, Cameron Harding.

Jesse Trower, AFL Sports Trainee

The Year 8 boys football team were treated to perfect conditions at the Nathalia Recreation Reserve as they competed for the Campaspe Region title. The boys had the job of defending their title from last year and started off proceedings well with a strong first win against Kyabram P-12 coming out 38 point winners. Noah Iddles and Kade O'Dwyer strongly featured through the middle of the ground as they out ran their opponents to the ball.

The second game saw SMOTA far to strong for St Augustine's eventually defeating them by 72 points. The game was full of highlights led by Jason Beckett who finished with 4 goals which included a remarkable goal from the boundary line in the first half. In game three against Rochester SMOTA showed their strength coming out 78 point winners. Matteo Allen led from the front in the midfield while he was supported by the likes of Luke Bosse and Matt Hodgson. With the boys travelling along nicely they met their arch rivals Nathalia Secondary College and after a slow start SMOTA put the foot down coming out 80 point winners advancing them through to the final. Lewis Mele led the way in the ruck as did Will Slatterie up forward.



The Grand Final saw SMOTA compete against St Joseph's Echuca in a bruising affair until the end. SMOTA got off to a great start with Matt Hodgson kicking the first goal giving the boys a 2 point lead heading into the break. Although an inspiring effort in the second half it wasn't enough eventually coming up short by 10 points. A big congratulations to the boys that played on the day as it was a fantastic effort to make the grand final. Also a big thanks to Mr Ross who organised the day.

Best Players on the day: Matteo Allen, Matt Hodgson, Bailey Smith, Noah Iddles, Kade O'Dwyer, Jase Beckett, Luke Bosse

Footy Tipping

SMOTA FOOTY TIPPING

**Mark Oliver,
Parent & Friend**

There is not long to go before the winners of the SMOTA Footy Tipping can claim their prizes and bragging rights for the 2018 Season.

Bev Young has been able to hang on to her three tip lead. Sheryn Halden, Gerry Clifton Cooper, Brett Doyle and Kevin Payne will be hoping to have a good run home to claim a minor prize.

TIPSTER	TOTAL
Bev Young	107
Sheryn Halden	104
Gerry Clifton	103
Cooper & Brett Doyle	102
Kevin Payne	102
Mark Oliver	99
Bonney Hindson	98
Nicola Oliver	97
Grace Eddy & Family	97
Phillip Davis	97
Logan Bond	96
Keith Hindson	94
Karl Hindson	93
Carmel Payne	92
Matt Carver	92
Mick Macheda	91
Ringer Bell	90
Adam Walpole	90
Anthony Oliver	89
Jack Hindson	87
Aleah	86
R & K Cats	85
Andriana Oliver	83
Emiel Warmerdam	75



Campaspe Junior Boys' Football Action
- [go to SMOTA Facebook page for more](#)

Important Dates:

TERM 3

1 Aug	VCE, VET, VCAL Information Evening 2019
3 Aug	VCAL Asylum Seeker Resources Centre Tour.
6 Aug	Year 9 Grampians Immersion group depart
7 Aug	Year 10 Sports Science Excursion
13 Aug	Year 9 Rubicon Immersion group depart
7 Aug	Year 9 Yipirinya Immersion group depart
15 Aug	Year 9 Bililuna Immersion group depart
20 Aug	Year 8 Outdoor Adventure Echuca Port Excursion
22 Aug	Year 9 One Arm Point Immersion group depart
23 Aug	Year 9 Outdoor Adventure Echuca Port Excursion
25 Aug	United Nations Debating
29 Aug	Year 12 Parent Dinner
2 Sept	Year 9 Kakadu Immersion group depart Sheep Ag Team Excursion
3 Sept	Women's Health Week
4 Sept	Outdoor Ed Snow Trip
12 Sept	VET Music Performances
13 Sept	STUDENT FREE DAY: Learning Advisor Interviews
21 Sept	Feast Day & the FMDM Grand Prix Last Day of Term 3
21 - 25 Sept	Cattle & Sheep Showing
8 Oct	First Day of Term 4

For more important dates visit the College website term
calendars at <http://www.smotanathalia.catholic.edu.au/parent-information/term-calendars.html>