

Prayer:

Father, help me to see this holy season of Lent as a time of spiritual renewal, rather than a time of deprivation. Motivate me to reach a new level of experiencing your grace. Amen



SHROVE TUESDAY

Above: Nathalia local Anthony Oliver purchases a freshly cooked pancake from Social Justice members (L-R) Isaac MacFadyen, Tayha Malseed and Jesse Champion in front of IGA.

Below: Back at the College Hamish Dalitz and Mr Tim Campbell cooked pancakes for the SRC to sell at recess.



Principal's News

Dear Parents, Guardians, Staff, Students and Friends of St Mary of the Angels,

The Season of Lent:

Ash Wednesday marks the beginning of the Season of Lent. It is a season of penance, reflection and fasting that prepares us for Christ's Resurrection on Easter Sunday. It is through this Resurrection that we attain redemption.

The ashes are made from the blessed palms used in the Palm Sunday celebration of the previous year. While the ashes symbolize penance and contrition, they are also a reminder that God is gracious and merciful on those who call on him with repentant hearts.

God's mercy is very important during the season of Lent, and the Church calls on us to seek that mercy during the entire Lenten season. It is not just a time of self-discipline but an opportunity for self-development and growth.

Each year Lent is a joyful and exciting time at the College. As we journey towards Easter, the most sacred of times on the Christian calendar and support Project Compassion, the College comes alive with a variety of homeroom based activities. The spirit in which our homerooms rise to the challenge of supporting Caritas through Project Compassion makes each day energetic but unique.

On Wednesday morning I attended the Year 9 Ash Wednesday liturgy. Our Year 9 Team Leader Mr. John Nihill expressed to the Year 9 students that Lent is a time of doing, an active time of doing some thing that you would not normally do. It is not just about giving something up but being proactive in our almsgiving. Rather than simply give up soft drink, make a commitment to introduce yourself to somebody new each day and extend kindness to that person, was the example that John used.

This is not as easy to do but far more rewarding than simply going without during Lent. Please, embrace the season of Lent.

SAVE THE DATE:

This coming Wednesday 8th March the Parents and Friends will hold their Annual General Meeting. We warmly welcome our new families to the College and hope that you will join the Parents and Friends committee.

The Parents & Friends hold fundraising and social events throughout the school year; with meetings held at Nathalia, Numurkah, Cobram, Strathmerton and Tocumwal. It is hoped that families will find the time in the "busy-ness" of everyday life to attend at least one meeting throughout the year.

Wednesday 22nd March is the Annual General Meeting of the College Board. If you have an interest in strategic, visionary work and would like a deeper understanding of the College please consider joining this dynamic group of people. Nomination forms are available in this week's edition of The Angel. Please contact Mr. David Booth on 0408 313 554 or myself at the College if you have any interest or questions about joining our College Board.

Pace e bene,
Matt Carver



Book your Learning Advisor Interview times through the Parent Access Module (PAM) now.

If you require assistance with this process please contact the College Office on 58662222.

PARENT/TEACHER/STUDENT INTERVIEW DATES:

Wednesday 15th March, 5.00 pm - 8.00 pm

Barooga Sports' Club- Garden Room

Wednesday 22nd March, 4.00 pm - 8.00 pm

St Mary of the Angels College, Nathalia
& Nathalia Secondary College

Thursday 23rd March, 9.00 am - 3.30 pm

St Mary of the Angels College, Nathalia

St Mary of the Angels Parents & Friends ANNUAL GENERAL MEETING Wednesday 8th March 2017 at 7.00pm

in the Staffroom at St Mary of the Angels

All welcome! Please come along
to review and celebrate 2016.

Lucky door prize and supper provided.

ST MARY OF THE ANGELS COLLEGE BOARD



ANNUAL GENERAL MEETING

will take place on
Wednesday 22nd March 2017
at 8.00pm

Important Term 1 Dates:

8th March	VCE Unit 1 Outdoor Ed Excursion
13th March	Labour Day Public Holiday
14th March	Intermediate Boys Cricket
	Year 9 Local Aboriginal Cultural program
15th March	P/T Interviews Barooga
17th March	Year 10 Photography Excursion
20th March	Girls' Football Competition
21st March	Year 7 Immunisation
22nd March	P/T Interviews Nathalia
	College Board AGM
23rd March	P/T Interviews Nathalia - All Day
28th March	Campaspe Tennis Competition
31st March	Last Day of Term One



St Mary of the Angels Secondary College Board NOMINATION FORM - 2017 AGM

(Nominations close 4.00pm on Tuesday 14th March 2017
at the College Office, to the returning officer, Danielle Dowling)

I wish to nominate
.....(name of nominee).
as parent representative for.....
(eg Numurkah Representative, Cobram Representative, Nathalia Representative, Other).

Nominator Signature:

Parish Priest (Seconder) Signature:

Iaccept the above nomination for the St. Mary of the Angels
Secondary College Board.

Nominee Signature:

Date: / /2017



Thank You Fireys



A big thank you to (pictured above L-R) Bree Kent, Cassie Brooks, Sarah Carr and Philip Hayes for coming to school early to inflate and tie the one hundred red balloons.



SRC Leader Jake Hindmarsh thanks local CFA volunteer.

Tim Campbell

Deputy Principal - Student Wellbeing & Development

RED BALLOON DAY - FRIDAY 24TH FEBRUARY

Last Friday was the Annual National/Nathalia Red Balloon Day. This year's fundraiser was to again help the CFA raise funds for a new Thermal Imaging Camera for Nathalia (who currently share one with Numurkah CFA). To support this worthy event the College placed one hundred 'Thank You Fireys' red balloons on the SMOTA fences as a show of appreciation for our state fire services. Our students also wore red in show of support for their local CFA with a total of \$548 raised through an out-of-uniform collection. The SRC thanked the fire fighters after a very special chance to climb aboard the trucks for a quick photograph. A big thank you to everyone for their support.

BUSES

Recently there have been some student issues on our bus system. A reminder that food is NOT to be eaten on our buses. This is not only due to rubbish but also due to anaphylactic students who are travelling by bus. Students need to make sure that no food is to be eaten whilst travelling on the bus.

In addition to this, there have been a number of students choosing not to wear their seatbelts. This is mandatory by law and failure to do so will lead to your child receiving a formal warning and being sent to the front of the bus.

Finally, our students are asked to be respectful towards our drivers, bus captains and other students. Swearing and poor behaviour are unacceptable and will not be tolerated on our bus system. We ask that parents communicate this clearly with their child and ensure that they are abiding by our expectations.



VCAL students Mitchell McKay, Tom Byrnes and Jason Williamson were in charge of pancake batter preparation for Shrove Tuesday.

SHROVE TUESDAY

Tim Campbell, Deputy Principal

On Tuesday our SRC students sold pancakes to help raise money for Project Compassion as the Lenten period begins here at St Mary of the Angels. Our wonderful VCAL team (led by Carmel Mithen and Janet Brooks) donated their time and effort to cook over 200 pancakes which were drizzled with lots of lovely goodness. The event was supported well by our students with over \$360.60 being raised on the day. Well done to our SRC students and a big thank you to Carmel, Janet and the VCAL students for their efforts.



TO SAP OR ZAP

Ruth Hartnett-Carr

Deputy Principal - Catholic Identity

A number of years ago Karen (a friend and colleague of my husband Andrew) and I were chatting at an open home. Karen had been on a personal growth pathway for a number of months and was telling me of the discoveries she had made along the way. She told me that in life there are two types of people; sappers and zappers. Sappers are people who sap your energy, while zappers energise you. Karen's advice to me was to surround myself with zappers.

That description has stayed with me since that conversation. I really like the flow of the two words as they rattle around in my head. To sap or zap? We all know and have people in our lives that we can fit into these two categories. For a number of years after this conversation I looked at people and categorised them in my head. Do they sap or zap me? My goal was not one of excluding the sappers but more so to be aware of the impact sappers have on me. It was also about seeking people who lifted me up and made me feel good about myself.

For a long time I was egocentric in my thoughts about sapping and zapping. It was all about the impact others had on me. It's finally dawned on me through reflection that it's not really about surrounding myself with zappers but rather do I sap or zap others?

So this liturgical season of Lent I'm working on how I can be a giver to others. How can I zap them rather than sap them. During Lent we are called to do three things. Firstly we are called to pray. My prayer is for those who have been sapped of strength and dignity. Secondly we are called to fast. I'm fasting from sapping others and finally we are called to give alms. Giving alms is to show mercy. I'm working on being merciful to those who grate on my nerves. I'm not sure how I will go but what I do know is that this challenge for me is harder than giving up chocolate until Easter. What will you be doing for the next six weeks for others?

Deputy Principals' News

Bev Thorp

Deputy Principal - Learning and Teaching

NATHALIA LEARNING COMMUNITY

Staff from all four schools of the Nathalia Learning Community - St Mary of the Angels, Nathalia Secondary, St Francis Primary School and Nathalia Primary School, came together this week to celebrate our unique alliance and launch some of the programs to be implemented across 2017. Members of our St Mary of the Angels community would be aware of the shared provision that we enjoy with respect to VCE and VET classes with Nathalia Secondary College, but our collaboration extends further and far deeper. Contemporary educational research informs us that collaboration between individual staff members and schools has one of the greatest impacts on improved teaching practice, and ultimately on student learning outcomes. The objective of the Nathalia Learning Community (NLC) is to maximise student learning opportunities through collaboration, and one of our primary areas of focus for 2017 is a literacy program known as High Reliability Literacy Teaching Practices (HRLTP). HRLTP was introduced as seven steps that develop skills in literacy, promoting the ability of all students to make meaning from text. Being skills based, these practices are applicable across the curriculum and support the development of improved reading and study strategies that can be used by teachers and students across all curriculum areas. I hope that you will see your children start to implement these practices and further develop a sound approach to reading and study.

STUDY SKILLS

St Mary of the Angels has developed a Study Skills Program that will be implemented across all year levels throughout the year, and Learning Advisors have already spent time with their student groups identifying good study habits and starting to establish learning goals. To further enhance the development of study skills in our senior students, our Year 10, 11 and 12 students will experience a workshop provided by Elevate Education next Friday 10th March. These high impact seminars help students to improve their study techniques, increase motivation, build confidence, and lift exam performance, and will be reinforced with a further seminar later in the year. All students will receive a seminar booklet and access to online resources that they can use throughout the year. Don't forget to ask your child what they may have learned from the seminar!

CAMPS

It was my pleasure to accompany our Year 11 students on their Melbourne Experience Camp last week, and we wish our Year 7's well at Harrietteville for their orientation camp. Thank you to the tremendous organisational skills of Mr Matt Dimble, Mr Andrew Storer and Mrs Gerri Eden, and to all of the staff who attended and make these opportunities possible for our students. Again, we look forward to reading of the Year 7 experiences next week. The Year 11 report is published in this weeks' newsletter.

LEARNING ADVISOR INTERVIEWS

A reminder to please book your Learning Advisor Interviews through the Parent Access Module (PAM). Interview times are listed below, but please do not hesitate to contact your Learning Advisor to arrange an alternate meeting time if required. Bookings for subject interviews for senior students will be made available shortly before the interview dates. The following is a link to our instructions on how to make a booking through our Parent Access Module: <http://www.smotanathalia.catholic.edu.au/downloads/parent-handbook/pam-help/47-pam-instructions-how-to-book-interviews/file.html>

Learning Advisor Interview Times:

Wednesday 15th March

Barooga Sports Club, Garden Room 5.00 pm - 8.00 pm

Wednesday 22nd March

St Mary of the Angels, Nathalia 4.00 pm - 8.00 pm

Thursday 23rd March

St Mary of the Angels, Nathalia 9.00 am - 3.00 pm

Parents & Friends

P & F FOOTY TIPPING



It's on again!

No worrying 'did I do my tips this week?'

Just pick the season's winners
before Round 1 and sit back relax
and see how you go.

Return the card and entry fee to the office
before the first bounce on Thursday 23rd March

Entry only \$25 - Prizes for 1st, 2nd, 3rd
& last will receive their money back.

Tipping Cards available at the College Office.
Any queries contact Mark Oliver 0447 591 164.

St Mary of the Angels Secondary College

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RURAL YOUTH AMBASSADOR PROGRAM

Bev Thorp

Deputy Principal - Learning and Teaching

Following the extremely successful Rural Youth Ambassadors program over the past six years, the Country Education Partnership (CEP) invites rural young people to be part of the 2017 Rural Youth Ambassador program.

Congratulations to our outgoing ambassador, Emma Champion (pictured right), who has been involved in all aspects of the program over the past year and will finish her role by attending a final forum where students will present their thoughts and ideas to the Minister of Education and Senior Education personnel.



The Rural Youth Ambassador initiative aims to:

- Provide a greater voice and visibility for young people in rural and remote Victoria;
- Increase participation in education and youth public policy consultation impacting on rural and remote Victoria;
- Increase public and political awareness of the unique challenges and opportunities impacting on the learning opportunities and outcomes of young people in rural and remote Victoria;
- Identify and showcase examples of young Victorians thriving in rural and remote communities; and
- Strengthen existing initiatives to support the learning needs and aspirations of young people in rural and remote Victoria.

Nominations from interested Year 11 students are now open and will close on Friday, 17th March. Interested students may see myself or Senior School Leader, Mr Matt Dimble, for an outline of the program and a nomination form.



VET MUSIC VISITOR

Isaiah Mustica, Year 12

On Wednesday 15th February local musician Jessica Brooks, also known by her stage name Jessica Lorraine came into the VET music class indeed, it was an awesome experience!

I had seen Jess play prior to her session, but seeing her up close was another experience, she talked about her life in the music industry and all the gigs she gets along with the technical side of it all. She taught us so much on how to make it in the music industry and how to get our names out there.

After we did some talking Jess got on her signature loop pedal to play us some tunes, it was pretty amazing and her style was unique and fairly new to the music business, recreating songs from Ed Sheeran and Drake to make them her own. She even allowed some students to jump on the looper to play some songs, which is surprising. Not many musicians let random people use their gear. All in all Jessica Lorraine has taught the VET music class some pretty valuable lessons and we wish her all the best in the future.



Jessica Brooks pictured with Ruby Wyatt-Carter (left) and Isaiah Mustica (right).



Carmel & Sandy - Student Wellbeing

The changes that occur during the years our children attend secondary education can be at times bewildering and confusing for both children and their parents. This week we thought a brief outline of the Stages of Adolescence may be of interest and helpful.

Adolescence may be roughly divided into three stages: early adolescence, generally ages eleven to fourteen; middle adolescence, fifteen to eighteen and late adolescence, ages eighteen to twenty-one. In addition to the physiological growth, seven key intellectual, psychological and social developmental tasks are squeezed into these years. The purpose of these tasks is to form one's own identity and to prepare for adulthood.

PHYSICAL DEVELOPMENT

Puberty is defined as the biological changes of adolescence. By mid-adolescence, if not sooner, most youngsters' physiological growth is complete; they are at or close to their adult height and weight.

INTELLECTUAL DEVELOPMENT

Most boys and girls enter adolescence still perceiving the world around them in concrete terms. Things are either right or wrong, awesome or awful. They rarely sets their sights beyond the present, which explains younger teens' inability to consider the long-term consequences of their actions.

By late adolescence, many youngsters have come to appreciate subtleties of situations and ideas, and to project into the future. Their capacity to solve complex problems and to sense what other are thing has sharpened considerably. But because they are still relatively inexperienced in life, even older teens apply these newfound skills erratically and therefore may act without thinking.

EMOTIONAL DEVELOPMENT

If teenagers can be said to have a reason for being (besides sleeping in on weekends and cleaning out the fridge), it would have to be asserting their independence. This demands that they distance themselves from Mum and Dad. There are many ways they show this journey to independence: less overt affection, more time spent with friends, contentious behaviour, pushing the limit, time spent on their own in their room - the list goes on and on. Yet adolescents frequently feel conflicted about leaving the safety and security of home. They may yo-yo back and forth between craving your attention, only to spin away again.

SOCIAL DEVELOPMENT

Until now a child's life has revolved mainly around the family. Adolescence has the effect of a stone dropped in water as the social circle ripples outward to include friendships with members of the same sex, the opposite sex, different social and ethnic groups, and other adults, like a favourite teacher or coach.

Not all teenagers enter and exit adolescence at the same age or display these same behaviours. Throughout much of adolescence, your child can be farther along in some areas of development than in others. For example, a fifteen-year-old girl may physically resemble a young adult but she may still act very much like a child since it isn't until late adolescence that intellectual, emotional and social development begin to catch up with physical development.

It is any wonder that teenagers (and their parents) feel confused and conflicted, especially given the limbo that society imposes on them for six to ten years, or longer.

Reflect back on your own teenage years, and perhaps you'll recall the frustration of longing to strike out on your own-but still being financially dependent on Mum and Dad. Or striving to be your own person- yet at the same time wanting desperately to fit in among your peers.

Beyond learning to anticipate the shifting currents of adolescent emotion, mothers and fathers may be struggling with some conflicting emotions of their own. The pride you feel as you watch your child become independent can be countered by a sense of displacement.

It's comforting to know that feeling a sense of loss is a normal response- one that is probably shared by more than half the parents you know!

Source: Adapted from 'Caring for Your Teenager' (Copyright 2003 American Academy of Pediatrics)

WHERE ARE THEY NOW? Life after St Mary of the Angels

Jessica Andrews, Alumni

I graduated in the class of 2006. I was a Science student with 95% of my classes being Science-based. I wanted to be a physiotherapist so I thought my life after school was set. I had also applied for speech pathology and occupational health at Charles Sturt University (CSU); however, in my mind this was just a formality because I was going to be a physio. Then I woke up to the text message giving me my results. It was pretty much thanks for playing but no physio for you. I was devastated to say the least. Now before you start thinking she must have got a horrible score, I didn't. I got a very respectable score in the high seventies. I could get into a lot of University courses with a score like that but because I had put so much pressure on myself to get the 97 I needed for physio, my world was in turmoil.

Fast forward to when everyone was getting offers for university. I was accepted into CSU for Speech Pathology. I thought, OK I have a foot in the door, that's what everyone tells me, that I just need a foot in the door and then I can transfer later to Physio. However, when it came time to transfer I was a year older and the pressures from Year 12 were long gone. And the more I looked into physio, the more I thought this isn't what I wanted to do for the rest of my life.

I knew I still wanted to be in the Health field, I like helping people and it suits my personality but now I wasn't sure what I wanted to do. After much discussion with university professors, past students, family, my mum suggested Radiography. For those of you who don't know, Radiographers take x-rays and then you can further train in CT scans, MRI scans, Mammography and specialise in Ultrasound. I looked into the course and it had a lot of Physics, Biology, Physiology and so on and I thought to myself, well at least the course is challenging so I'll give it a go.

After my Radiography placement in first year I knew this was it, this is the career for me. It's challenging, I help people get answers and I like that you can see inside the human body without having to cut it open. Three years flew by and I graduated as a Medical Imaging Technologist (Radiographer). The course has since changed but when I went through after the three years you had to do an intern year to consolidate what you had learnt at university before our governing body would recognise you as qualified.

For my year of graduates, the rules of who could employ you changed and it meant that a lot of my peers didn't get offers of a job straight away and I was one of them. It took me nearly a year to get an intern position. In the end I contacted our governing body and asked for a list of hospitals and private practices that could take interns and I sent my resume off to them. I started with Victoria which had about 200 places. I gave them a month to get into contact with me and then if I hadn't heard anything I would start on New South Wales. Thankfully I never had to do that because I got a call from a private practice in Melbourne offering me a job. I spent three years there further training in Mammography and CT before heading to the UK for a two year working holiday.

Due to my experience in CT and having trained in Australia I was able to find work as a Radiographer quite easily and took on contract work so that I could travel as much as possible. I worked for three months in Oxford, three months in South Hampton and did two locum contracts in Nottingham for a total 12 months. When I wasn't working I was travelling. Within two years I was fortunate enough to visit 35 countries and meet some amazing and inspiring people. I have since returned to Australia and am still contracting because I want to go to Africa at the end of this year.

As far as my future goes, I would like to train in MRI in a couple years but at the moment I have the luxury to just enjoy life and see as much of this incredible world as I can. If I could give any piece of advice to any students going through Year 12 or if I could go back and talk to my seventeen year old self, it would be to say that Year 12 is not the be all and end all of your life. Try your hardest to give yourself the best chance at the future you want but also enjoy it, savour what is left of your adolescent life before you're off to university or trade school or the 9 to 5 grind because you never really know what the future holds. If you had told me in high school that this is the life I would be living, I would never have believed you and that is the beauty of the unknown.



A huge shout-out to Hannah Conroy (pictured right), who gave up her time to come and present to Year 12 English students last Friday. Hannah, who was last year's DUX, returned to chat about life as a student and to share her wisdom with the class of 2017.

SMOTA wish Hannah all the best with her studies, as she embarks upon her degree at Monash University.

Hannah you have been a pleasure to teach and the class of 2017 are grateful for your advice.

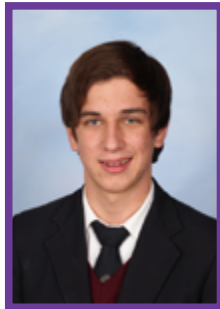
Stephanie Sparrow – English Coordinator



Lions Youth of the Year

Jane Hando

St Mary of the Angels students represented the school at the annual Lions Youth of the Year competition this week. Alex Bakogianis competed at Numurkah on Monday evening whilst Riley Wilson and Olivia Brunskill competed in Cobram on Tuesday evening.



All three students spoke about issues of interest to them with Riley imploring the audience to embrace marriage equality. Olivia spoke about her passion for Science whilst Alex expressed his concern about the spread of Fake News and misinformation by our most powerful political figures. The five-minute prepared speeches were preceded by two two-minute impromptus. For Alex the question of banning plastic bags generated a solid response. The second question asked him for his view on drone technology. Alex cited examples of the ways in which drone technology is currently being used, including aerial photography and pacifying tigers. For the Cobram participants, the question of what to do with the space that will be created when the Cobram silo is removed, was an interesting one.

Whilst our students will not progress to the next level, the opportunity to speak in public and to undergo an intensive interview process is invaluable. Well done to all participants on taking on this challenge.



L-R: Alex Bakogianis & Riley Wilson

GEOGRAPHY TAKES YOU PLACES
Enter the 2017 Australian Competition now.

All students are invited to sign up to participate in the Australian Geography Competition for 2017.

The Competition consists of multiple-choice questions testing geographical knowledge and skills completed over 35-minutes at lunchtime. All students receive a certificate, a great addition to your resume!

In the past St Mary's students have been very enthusiastic participants with some gaining outstanding levels of achievement.

Winners and participants from 2016 included:

Participation:	Justin Watson, Kirrin Hardbottle, Amy Hollister, Jennifer McKenzie
Credit:	Clancy Lester, Riley Wilson
High Distinction:	Alex Bakogianis

If you are interested in participating (come on, you have nothing to lose!) please visit Student Reception and complete the sign-up sheet. For further information see Miss Dryden or you can visit the competition website at: www.geographycompetition.org.au

Sports News

SMOTA

SWIMMERS

STAR

Andrew Storer & Leanne Rawson
– Sports & Health

Thirteen students go to zone and nine students make it through to Regionals !

Well done to our Swimming Squad on a great effort in the pool and for representing the College so wonderfully on a pupil-free day.

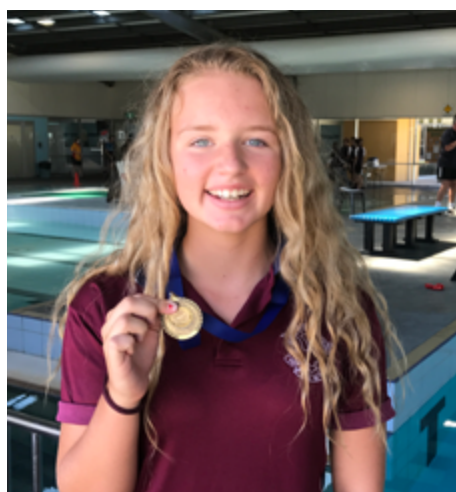
Our swimmers stepped up to the blocks for additional events. A special mention must go to Rex Miller and Bailey Smith (Year 7 students) competing in the Open Relay Team and holding their own, against competitors who looked more like men than secondary school students.



ST MARY OF THE ANGELS SWIMMING REPRESENTATIVE TEAM

Back L-R: Will Newman, Skyla Griffin, Rex Miller, Zander Griffin, Lauren McIlveen, Sophi Bury, Hayley Thorne.

Front L-R: Bailey Smith, Aleesha Jarrott, Keely Bond, Sarah Carr, Gracie O'Sullivan, Teea Brattle.



Sophi Bury Under 14 Girls' Campaspe Swimming Champion.

All students were successful in their respective events and received a ribbon for their efforts. Three individual students have qualified for the regional meet with another six set to compete in the two relay teams.

Sophi Bury took out the Under 14 Age Group Championship after an impressive day in the pool.

200m Freestyle -1st
100m Freestyle - 1st
50m Freestyle -2nd
100m Butterfly - 1st
50m Butterfly - 1st
Medley relay - 2nd
Relay - 1st



Zander Griffin is through to regionals in 200m Freestyle
Aleesha Jarrott won her butterfly event and is through to regionals as well as the Relay.

Two relay teams through are:

Under 14 - Sarah Carr, Sophi Bury, Teea Brattle,
and Skyla Griffin

Under 17 - Gracie O'Sullivan, Hayley Thorne,
Keely Bond and Aleesha Jarrott

Thank you to Barry Norton, Shae Cairns and Jeremy Edwards for timekeeping and judging at the Campaspe Swimming meet. Another day where our students were fantastic ambassadors for the College and made us all proud.



Cooper Fitzpatrick & Luke Jubb, Year 11

DAY ONE: We were all a little weary after the 4am start, but our first glimpse of Melbourne quickly refreshed us and we were excited to undertake our adventure in the city. We navigated the busy city streets to the Kingsgate Hotel, where we were staying for the duration of our visit in Melbourne. After leaving our bags at the hotel, we had the opportunity to visit two of Melbourne's universities. Two groups headed to RMIT where they learnt about the various programs on offer and took part in an amazing race (sadly, the authors did not win). The other two groups headed for Australian Catholic University (ACU) where they learnt about how to get into university and what opportunities are offered at their different campuses. The tour of ACU was very interesting. We saw all their different classrooms, facilities they use for paramedicine such as the mock ambulance. After these visits, the groups met back up in the city at the State Library of Victoria, from here we headed off on the Melbourne Trail before enjoying some free time to familiarise ourselves with the city. That evening we had an array of delicious meal options to choose from at the Victorian Night Market. Students got to experience all types of new foods which everyone loved! From here we were off to Crown's Playtime Centre where we had free time in the Arcade. Everyone had a lot of fun despite the long day!

DAY TWO: Our second day of camp started off pretty early so we could catch the train to Elsternwick where we visited the Jewish Holocaust Centre. Abe, who was a Holocaust survivor, talked to us about his experiences and how he survived despite the many ordeals he faced in the camps. Everyone was so moved and his story was so interesting and emotionally compelling. It was a privilege to hear the testimony of a survivor and we will all remember Abe's enthusiasm, kindness and hopeful



Maria Gilroy, Jasmine Murphett, Abe Goldberg (Holocaust Centre Guide) and Kirrin Hardbottle.

spirit for many years to come. We then had a look around the Museum, where we read about numerous events that occurred during the Holocaust and studied artifacts from different camps. We then went back into the city and split into groups. Some of us went to the Aquarium for example, while others went to the MCG. The Aquarium was a great experience where we learnt about different jobs within the Aquarium and what subjects linked to different areas. At the MCG students received a guided tour before going through to the Sports museum, which included a fun interactive experience. Other groups headed to the Mercy Hospital, the Digital Learning Hub and the National Gallery of Victoria. Each group was given a tour of their facility and the opportunity to learn about different pathways that might lead to a career in that industry. We met in Argyle Park and headed to Lygon Street for a lovely pizza dinner at Universal Italian Restaurant. Then the Literature students split off, going to see a Shakespeare in the Park performance of Twelfth Night and another group headed to the IMAX cinema to see Matt Damon in The Wall.



DAY THREE: Our last day of camp. We woke up early for breakfast and quickly took our bags and checked out of the hotel. We spent the morning touring the alternate university to the one we had visited on day one and the VCAL students headed to the Shrine. We were then given time to spend exploring Southern Cross Station before we caught the train back home. The Melbourne camp gave us a chance to reflect on the subjects we are studying at school and giving a range of career opportunities to think about.



SHAKESPEARE IN THE PARK

Jane Hando, English Coordinator

A tale of mistaken identity and infatuation, Shakespeare's comedy 'Twelfth Night' explores amongst other things, the nature of love. For the Year 11/12 Literature class, a live performance of the play performed by the Australian Shakespeare Company in the Royal Botanical Gardens on Thursday 23rd February, was an opportunity too good to resist.

As part of their course work students are required to study a range of different text types and forms. Not only were students given a new appreciation for the work of Shakespeare, they were also able to understand how a production written in the early 1600's, could be adapted to suit a Melbourne audience. Indeed the bawdy drunken Elizabethan jokes were easily transferrable to fit the image of the Australian larrikin as characters such as Toby Belch and Sir Andrew Aguecheek indulged excessively in night long revelry, stealing props such as roadworks signs and other paraphernalia as trophies. The comic timing of the actors was acknowledged by the students who couldn't believe how hilarious a Shakespearean play could be.

As is so often the case with comedy, the darker themes of loss and grief were ever-present reminders of the fleeting and somewhat fanciful nature of love and fun. As the title suggests, the 'twelve days' of revelry were historically associated with a short period of mayhem designed to let off steam. Disorder and chaos were the order of the day but once the partying season was over, it was business as usual. The contrast between chaos and order, of irreverence and respect, of loyalty and betrayal, provoked students to think about the relationship between personal autonomy and control.

A big thankyou to Mrs Bakogianis and Miss Brooks who accompanied us on the evening.



VCAL BUFFALO CAMP

Annie Spencer, Year 11 VCAL

On Monday 13th February, the 2017 VCAL students set off on the Buffalo camp early in the morning. It was a long journey and everyone was very happy to finally arrive. One of the leaders from Adventure Australia who worked there told us where we set up camp and how we're supposed to behave. After he had finished we unpacked the buses and set up our swags and tents. The teachers had split us into 2 groups, Group A and Group B. Group A had gone caving for their first activity, while Group B went abseiling.

After the groups had returned to the camp site, everyone was eager to have a shower and cook their dinner. We had to cook our own food on the Trangias that the school had provided for us, which was a great experience for us. At 8:30pm, we had split into our groups again for a night walk through the bush and through some dry caves, which was very interesting for the people who didn't bring a torch (me included), and being very cold, then returning about an hour later to camp for a good night's sleep.


On Tuesday, after everyone had woken up, we began to cook our breakfast on the Trangias. After breakfast, we had to get dressed so we could get straight into our next activities. We split into our groups and this time Group A did abseiling while Group B did caving. When we returned to camp, we had all freshened up and cooked our lunch. When we had finished lunch and had a bit of a rest, we set out on our next activity. While Group A was kayaking, Group B were rock climbing, then returning to camp for dinner. Once again, at 8:30pm, we went on our night walk through the bush and through the dry caves.

On Wednesday, we had to quickly get changed, pack up our camp site and have breakfast (cooked with great care and expertise by Ms Knight) so we could get to our final activity. So, while Group A were rock climbing, Group B were kayaking. When we got back to camp, we packed the buses and headed off for home. On the way, we stopped off for lunch at Wangaratta.


This camp was a really great chance for us as a class, to get to know one another, work better as a team and to push our boundaries.

VCAL Camp Photos






2017 NUMURKAH



**Sunday 19th March everyone welcome
RUN or Walk**
Runners • Seniors • Walkers • Kids • Elite

Events: 10 & 5km Run, 5km Walk
New Category: 5km Run for Primaries
Kids: Grade 2 & Under - 1km, Grade 3-6 - 2km
Venue: St. Joseph's PS Numurkah
Cost: \$35/U/16s & Primary 5km \$10 or \$35 with singlet.
Kids: 1 & 2km events - no rego required, \$2 on the morning


Start Time:
9am 5 & 10 Km events - 10.15am 1 & 2 Km events
Pre-registration by Friday 16th March 4pm
Entries accepted on the morning additional \$5
Registration: www.sjnumurkah.catholic.edu.au
Contact: St Joseph's 03 5862 1804

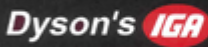


Great Prizes plus...

- First 200 Entries receive dry fit singlet
- Spot prizes (best dressed, etc)
- Family BBQ

Team Event...
10km + 5km races.
Minimum 4 entries
- Fastest four across the line.

**Bendigo Bank**
Numurkah branch

**Dyson's IGA**
SHOP ONLINE
www.dysonsiga.com.au



Visit: www.sjnumurkah.catholic.edu.au for more information.

CSEF Financial Assistance

WHO IS ELIGIBLE?

If you hold a valid means-tested concession card or are a temporary foster parent, you may be eligible for CSEF. A special consideration category also exists for asylum seeker and refugee families. The allowance is paid to the school to use towards expenses relating to camps, excursions or sporting activities for the benefit of your child.

The annual CSEF amount per student is:

- \$125 for primary school students
- \$225 for secondary school students

FOR MORE INFORMATION: regarding CSEF please visit www.education.vic.gov.au/csef



NORTHERN ANGELS' FOOTBALL TRAINING

Wednesday Nights 6.00pm on the Nathalia Secondary School Oval.

For further information please contact the Northern Angels'

Coach Phil McKenna on 0427662104

Or Assistant Coach Jason Verhoeven 0419346876

NATHALIA FOOTBALL/NETBALL CLUB

SENIOR & JUNIOR REGISTRATION NIGHT Friday 3rd March 2017

Starting: 3:30pm with registrations

4:30 pm - First Welcome and Information session - accompanied by free pizza

6:30pm - Second Welcome and Information session - accompanied by free pizza

Fun training session for juniors and seniors will be running for the duration of the evening.

**NETBALL REGISTRATIONS
NOW OPEN ONLINE**

**FOOTBALL REGISTRATIONS FOR
MFL OPEN ON 20th FEBRUARY**
EFTPOS available on night

**Thanks to BRERETON'S BAKERY
for kindly donating the pizzas**

See you there. GO PURPS!

ST MARY OF THE ANGELS' PARENTS & FRIENDS 2017 AFL FOOTY TIPPING CARD

NAME:

CONTACT PHONE No:

FAVOURITE AFL TEAM:

P&F FOOTY TIPPING INSTRUCTIONS:

1. Please cross out the team you think will lose for their match for all 23 Rounds.
2. Return your completed footy tipping sheet with \$25 to the College office by Thursday 23rd March 2017.

Please submit \$25 with your entry.

ROUND 1

Thursday, March 23

Carlton vs. Richmond (MCG)

Friday, March 24

Collingwood vs. W Bulldogs (MCG)

Saturday, March 25

Syd Swans vs. Port Adelaide (SCG)

St Kilda vs. Melbourne (ES)

Gold Coast SUNS vs. Brisb Lions (MS)

Essendon vs. Hawthorn (MCG)

Sunday, March 26

North Melbourne vs. W.C. Eagles (ES)

Adel. Crows vs. GWS Giants (AO)

Fremantle vs. Geelong Cats (DS)

ROUND 2

Thursday, March 30

Richmond vs. Collingwood (MCG)

Friday, March 31

W Bulldogs vs. Sydney Swans (ES)

Saturday, April 1

Hawthorn vs. Adelaide Crows (MCG)

GWS Giants vs. Gold Coast SUNS (SP)

Brisbane Lions vs. Essendon (G)

West Coast Eagles vs. St Kilda (DS)

Sunday, April 2

Geelong Cats vs. North Melb (ES)

Melbourne vs. Carlton (MCG)

Port Adelaide vs. Fremantle (AO)

ROUND 3

Friday, April 7

Sydney Swans vs. Collingwood (SCG)

Saturday, April 8

North Melbourne vs. GWS GIANTS (BA)

Richmond vs. West Coast Eagles (MCG)

Geelong Cats vs. Melbourne (ES)

Port Adelaide vs. Adelaide Crows (AO)

Fremantle vs. Western Bulldogs (DS)

Sunday, April 9

St Kilda vs. Brisbane Lions (ES)

Carlton vs. Essendon (MCG)

Gold Coast SUNS vs. Hawthorn (MS)

ROUND 4

Thursday, April 13

West Coast Eagles vs. Sydney Swans (DS)

Friday, April 14

North Melbourne vs. Western Bulldogs (ES)

Saturday, April 15

Melbourne vs. Fremantle (MCG)

GWS GIANTS vs. Port Adelaide (MO) (T)

Carlton vs. Gold Coast SUNS (ES) (N)

Adelaide Crows vs. Essendon (AO) (N)

Sunday, April 16

Collingwood vs. St Kilda (ES)

Brisbane Lions vs. Richmond (G) (T)

Monday, April 17

Hawthorn vs. Geelong Cats (MCG)

ROUND 5

Friday, April 21

Port Adelaide vs. Carlton (AO)

Saturday, April 22

Western Bulldogs vs. Brisbane Lions (ES)

Gold Coast SUNS vs. Adelaide Crows (MS)

Sydney Swans vs. GWS GIANTS (SCG)

Fremantle vs. North Melbourne (DS)

Sunday, April 23

St Kilda vs. Geelong Cats (ES)

Hawthorn vs. West Coast Eagles (MCG) (T)

Monday, April 24

Richmond vs. Melbourne (MCG) (N)

Tuesday, April 25

Essendon vs. Collingwood (MCG)

ROUND 6

Friday, April 28

GWS GIANTS vs. Western Bulldogs (MO) (N)

Saturday, April 29

Hawthorn vs. St Kilda (US)

Carlton vs. Sydney Swans (MCG)

Brisbane Lions vs. Port Adelaide (G)

North Melbourne vs. Gold Coast SUNS (ES)

West Coast Eagles vs. Fremantle (DS)

Sunday, April 30

Essendon vs. Melbourne (ES)

Geelong Cats vs. Collingwood (MCG)

Adelaide Crows vs. Richmond (AO)

ROUND 7

Friday, May 5

St Kilda vs. GWS GIANTS (ES)

Saturday, May 6

North Melbourne vs. Adelaide Crows (BA)

Collingwood vs. Carlton (MCG)

Port Adelaide vs. West Coast Eagles (AO)

Gold Coast SUNS vs. Geelong Cats (MS)

Western Bulldogs vs. Richmond (ES)

Sunday, May 7

Sydney Swans vs. Brisbane Lions (SCG)

Melbourne vs. Hawthorn (MCG)

Fremantle vs. Essendon (DS)

ROUND 8

Friday, May 12

West Coast Eagles vs. W Bulldogs (DS)

Saturday, May 13

Hawthorn vs. Brisbane Lions (US)

St Kilda vs. Carlton (ES)

GWS GIANTS vs. Collingwood (SP) (T)

Essendon vs. Geelong Cats (MCG) (N)

Adelaide Crows vs. Melbourne (AO) (N)

Sunday, May 14

Richmond vs. Fremantle (MCG)

Gold Coast SUNS vs. Port Adelaide (JS)

North Melbourne vs. Sydney Swans (ES)

ROUND 9

Friday, May 19

Geelong Cats vs. Western Bulldogs (SS)

Saturday, May 20

St Kilda vs. Sydney Swans (ES)

GWS GIANTS vs. Richmond (SP)

Brisbane Lions vs. Adelaide Crows (G)

Collingwood vs. Hawthorn (MCG)

Sunday, May 21

Essendon vs. West Coast Eagles (ES)

Melbourne vs. North Melbourne (MCG)

Fremantle vs. Carlton (DS) (T)

Byes: Gold Coast SUNS, Port Adelaide

ROUND 10

Thursday, May 25

Geelong Cats vs. Port Adelaide (SS)

Friday, May 26

Sydney Swans vs. Hawthorn (SCG)

Saturday, May 27

Western Bulldogs vs. St Kilda (ES)

Melbourne vs. Gold Coast SUNS (TP)

Richmond vs. Essendon (MCG)

Adelaide Crows vs. Fremantle (AO)

Sunday, May 28

Collingwood vs. Brisbane Lions (MCG)

Carlton vs. North Melbourne (ES)

West Coast Eagles vs. GWS GIANTS (DS) (T)

ROUND 11

Thursday, June 1

Port Adelaide vs. Hawthorn (AO)

Friday, June 2

Geelong Cats vs. Adelaide Crows (SS)

Saturday, June 3

Gold Coast SUNS vs. W. Coast Eagles (MS)

GWS GIANTS vs. Essendon (SP) (T)

North Melbourne vs. Richmond (ES)

Sunday, June 4

Fremantle vs. Collingwood (DS) (T)

Byes: Brisbane Lions, Carlton, Melbourne, St Kilda, Sydney Swans, Western Bulldogs

ROUND 12

Thursday, June 8

Sydney Swans vs. Western Bulldogs (SCG)

Friday, June 9

Adelaide Crows vs. St Kilda (AO)

Saturday, June 10

Hawthorn vs. Gold Coast SUNS (MCG)

Brisbane Lions vs. Fremantle (G)

Essendon vs. Port Adelaide (ES)

Sunday, June 11

Carlton vs. GWS GIANTS (ES)

Monday, June 12

Melbourne vs. Collingwood (MCG)

Byes: Geelong Cats, North Melbourne, Richmond, West Coast Eagles

ROUND 13

Thursday, June 15

West Coast Eagles vs. Geelong Cats (DS)

Friday, June 16

North Melbourne vs. St Kilda (ES)

Saturday, June 17

Richmond vs. Sydney Swans (MCG)

Port Adelaide vs. Brisbane Lions (AO)

Gold Coast SUNS vs. Carlton (MS)

Sunday, June 18

Western Bulldogs vs. Melbourne (ES)

Byes: Adel Crows, Collingwood, Essendon, Fremantle, GWS GIANTS, Hawthorn

ROUND 14

Thursday, June 22

Adelaide Crows vs. Hawthorn (AO)

Friday, June 23

Sydney Swans vs. Essendon (SCG)

Saturday, June 24

Collingwood vs. Port Adelaide (MCG)

Brisbane Lions vs. GWS GIANTS (G)

Western Bulldogs vs. North Melbourne (ES)

West Coast Eagles vs. Melbourne (DS)

Sunday, June 25

Geelong Cats vs. Fremantle (SS)

Richmond vs. Carlton (MCG)

St Kilda vs. Gold Coast SUNS (ES)

ROUND 15

Friday, June 30

Melbourne vs. Sydney Swans (MCG)

Saturday, July 1

Western Bulldogs vs. West Coast Eagles (ES)

Carlton vs. Adelaide Crows (MCG)

Gold Coast SUNS vs. North Melbourne (MS)

GWS GIANTS vs. Geelong Cats (SP)

Port Adelaide vs. Richmond (AO)

Sunday, July 2

Essendon vs. Brisbane Lions (ES)

Hawthorn vs. Collingwood (MCG)

Fremantle vs. St Kilda (DS)

ROUND 16

Friday, July 7

Adelaide Crows vs. Western Bulldogs (AO)

Saturday, July 8

Hawthorn vs. GWS GIANTS (US)

Collingwood vs. Essendon (MCG)

Sydney Swans vs. Gold Coast SUNS (SCG)

Brisbane Lions vs. Geelong Cats (G) (N)

St Kilda vs. Richmond (ES) (N)

Sunday, July 9

North Melbourne vs. Fremantle (ES)

Carlton vs. Melbourne (MCG)

West Coast Eagles vs. Port Adelaide (DS) (T)

ROUND 17

Friday, July 14

St Kilda vs. Essendon (ES)

Saturday, July 15

Geelong Cats vs. Hawthorn (MCG)

Port Adelaide vs. North Melbourne (AO)

Gold Coast SUNS vs. Collingwood (MS)

GWS GIANTS vs. Sydney Swans (SP)

Melbourne vs. Adelaide Crows (TIO)

Sunday, July 16

Richmond vs. Brisbane Lions (ES)

Carlton vs. Western Bulldogs (MCG)

Fremantle vs. West Coast Eagles (DS) (T)

ROUND 18

Friday, July 21

Adelaide Crows vs. Geelong Cats (AO)

Saturday, July 22

Essendon vs. North Melbourne (ES)

Melbourne vs. Port Adelaide (MCG)

Western Bulldogs vs. Gold Coast SUNS (CS)

Sydney Swans vs. St Kilda (SCG)

Fremantle vs. Hawthorn (DS)

Sunday, August 23

Richmond vs. GWS GIANTS (MCG)

Collingwood vs. West Coast Eagles (ES)

Brisbane Lions vs. Carlton (G)



ROUND 19

Friday, July 28

Hawthorn vs. Sydney Swans (MCG)

Saturday, July 29

North Melbourne vs. Melbourne (BA)

GWS GIANTS vs. Fremantle (SP)

Port Adelaide vs. St Kilda (AO)

Gold Coast SUNS vs. Richmond (MS)

Carlton vs. Geelong Cats (ES)

Sunday, July 30

Western Bulldogs vs. Essendon (ES)

Collingwood vs. Adelaide Crows (MCG)

West Coast Eagles vs. Brisbane Lions (DS)

ROUND 20

Friday, August 4

Geelong Cats vs. Sydney Swans (SS)

Saturday, August 5

GWS GIANTS vs. Melbourne (MO)

Essendon vs. Carlton (MCG)

Brisbane Lions vs. Western Bulldogs (G)

North Melbourne vs. Collingwood (ES)

Fremantle vs. Gold Coast SUNS (DS)

Sunday, August 6

St Kilda vs. West Coast Eagles (ES)

Richmond vs. Hawthorn (MCG)

Adelaide Crows vs. Port Adelaide (AO)

ROUND 21

Friday, August 11

Western Bulldogs vs. GWS GIANTS (ES) (N)

Saturday, August 12

Sydney Swans vs. Fremantle (SCG)

Geelong Cats vs. Richmond (SS)

Brisbane Lions vs. Gold Coast SUNS (G)

Essendon vs. Adelaide Crows (ES)

West Coast Eagles vs. Carlton (DS)

Sunday, August 13

Melbourne vs. St Kilda (MCG)

Hawthorn vs. North Melbourne (US)

Port Adelaide vs. Collingwood (AO)

ROUND 22

Friday, August 18

Adelaide Crows vs. Sydney Swans (AO)

Saturday, August 19

Western Bulldogs vs. Port Adelaide (EU)

Collingwood vs. Geelong Cats (MCG)

GWS GIANTS vs. West Coast Eagles (SP)

Gold Coast SUNS vs. Essendon (MS)

Carlton vs. Hawthorn (ES)

Sunday, August 20

Melbourne vs. Brisbane Lions (MCG)

St Kilda vs. North Melbourne (ES)

Fremantle vs. Richmond (DS)

ROUND 23

Frid August 25- Mon August 28

West Coast Eagles vs. Adelaide Crows (DS)

Sydney Swans vs. Carlton (SCG)

Brisbane Lions vs. North Melbourne (G)

Port Adelaide vs. Gold Coast SUNS (AO)

Collingwood vs. Melbourne (MCG)

Hawthorn vs. Western Bulldogs (ES)

Geelong Cats vs. GWS GIANTS (SS)

Richmond vs. St Kilda (MCG)

Essendon vs. Fremantle (ES)