

The Angel

Thursday 24th August 2017, Volume 22



Family Prayer

*God made us a family
We need one another
We love one another
We forgive one another
We work together
We play together
We worship together
Together we use God's word
Together we grow in Christ
Together we love all men
Together we server our God
Together we hope for Heaven
These are our hopes and ideals
Help us attain them,
O God, Through Jesus Christ
our Lord*

Franciscan Pilgrimage, 2018

Thank you to everybody who attended our information session on Wednesday evening. For those interested, the following explains the next steps.

- Pay \$1000 deposit to Carmel Payne at the College office by 1st September.
- The organising of flights is a personal responsibility. Flights need to be sorted and details provided to Carmel Payne by 20th December, 2017.
- The land component final figure is approximately \$3,600 AUD. This payment is required in the new year.

Principal's News

Dear Parents, Guardians, Students and Staff,

This week at the College finds our students at school for only three days. As a parent I fully understand the difficulties associated with school closure days and I appreciate the support from our families to allow the staff to develop themselves and develop their practice.

On Monday, our annual Spirituality Day focused on wellbeing and relationships. The premise was the need in our profession to be personally well, be a source of wellbeing for our colleagues to ensure our students and families in our care are well. Put simply wellbeing is 'being well'. Furthermore, as a community we can all work together to ensure all members of our community are well not just individuals or small groups.

The following piece of literature comes from the Department of Education and Training and provides information on how we can all work together for the betterment of our children's education, particularly in the area of wellbeing or being well.

Parents, carers and families have the first and often most enduring impact on the development of an individual. It is essential that educational settings and health and wellbeing services recognise and respect the central role played by families, kinship networks and carers and support them to be actively involved in their child's learning, good health and wellbeing. A focus on building skills and health literacy can help children, young people and families promote their own health and wellbeing and the health of others.

This type of approach requires a strong understanding of human development, an open, non-judgmental and respectful attitude and flexibility to work with people for the time required to achieve a positive outcome. Flexible services respond to changing needs and circumstances and help foster resilience in the face of adversity.

Pace e bene, (Peace and all good)
Matt Carver

Ruth Hartnett-Carr

Deputy Principal - Catholic Identity



A few weeks ago I experienced something for the first time that I have never done before. In fact it was a 'double' first experience. I was working in Melbourne for the day and I travelled on public transport to work. I've never had to negotiate public transport to go to work. The second part of the double experience was that I travelled with my dad, who was also going to work. The irony of the experience was not lost on me. As we stood together waiting at Canterbury station waiting for the train we were looking down on the rooftops of the small shopping strip of Mailing Road. Dad grew up in Canterbury so his familiarity with the view we were looking at was as familiar as me looking at the main street of Numurkah, in my mind's eye.

At 7.30am we were surrounded by children on their way to school, not unlike some of our students who were boarding buses at the same time in Finley. I remember thinking about my own childhood and for the first time realising how fortunate I was to be able to walk to school, across the church paddock. I left the train at Parliament station, while Dad continued to Southern Cross station and then onto Wallan. As I was standing on the moving escalators I was reflecting on the sheer volume of people around me and the only eye contact was between people and their phones. There was an absolute disconnection between people and their surrounding environment. It made me wonder how I would feel if I had to do this everyday.

As I walked to where I was working for the day dad called me at least three times to check in, making sure I had arrived safely. (They say you never stop parenting!) It was nice to have connection with someone on the end of the phone as I walked. I am really grateful for sharing 'double' experience with my dad. I don't know if it will ever happen again, after all it has taken 45 years to happen in the first instance. This week if you are looking for something to do go and create a first experience with someone who parents you. It's never too late!

Bev Thorp

Deputy Principal – Learning and Teaching

LEARNING ADVISOR INTERVIEWS

Learning Advisor Interviews will be held toward the end of term at both Barooga Sports Club and the College. We strongly encourage all parents/carers to make a time to speak with your child's Learning Advisor to ensure that each of student, College and home are working together to maximise the educational opportunities and development for your child.

Learning Advisor interviews are now able to be booked via PAM, while subject based interviews with VCE teachers will be made available later in the term.

Interviews at Nathalia Secondary College will also be held on 13th September, and students who attend subjects at Nathalia Secondary College will be able to make appointments to speak with teachers by contacting the NSC Office on 58662331.

Wednesday 6th September, 5.00 pm - 8.00 pm
at Barooga Sports Club, Barooga

Wednesday 13th September, 4.00pm - 8.00 pm
St Mary of the Angels, Nathalia

Thursday 14th September 9.00 am - 3.00 pm
St Mary of the Angels, Nathalia

YEAR 12 PARENT DINNER AND PRE-EXAM PERIOD

At this time of the year, all students studying a Unit 3/4 subject are close to finalising their studies for the year. After six years of secondary schooling, we encourage students to not lose focus as they head toward final revision and exam preparation. Compounding this busy time of year, students will be researching future pathways, completing VTAC applications, and attending university and further education Open Days. To assist students and their families with their planning and approach to their final exams, a Year 12 Parent Dinner was held this week and it was a delight to see so many parents and guardians attend with their Year 12 children. The evening included a presentation on key end of year arrangements and VTAC (Victorian Tertiary Admissions Centre) information. The highlight of the evening was a highly engaging guest speaker from 'Elevate Education' who was able to provide valuable advice from time management and motivation to key strategies for effective study. Thank you to our Senior School Leader, Mr Matt Dimble, for his organisation and to the VET Hospitality students who catered the evening with another excellent meal.

Our Year 10, 11 and 12 students also attended study sessions from Elevate Education during the day. Year 10 students attended a seminar on time management, Year 11 students looked at memory aids and mnemonics while Year 12 students focussed on exam preparation. These programs are designed to encourage students to continually develop their awareness of good study habits and build on previous skills that will hold them in good stead as they embrace their senior years of schooling. All students have access to the Elevate Education website where they are able to access further resources and support.

Over the last week of the Term 3 school holidays the College will again run a practice exam period at the Nathalia Community Centre for all students sitting a Unit 3/4 exam. The aim of this program is to provide students with a simulated exam environment, under formal VCAA rules and procedures, to give students some prior experience as to the requirements and conditions of the real final exam period. Students will also be provided with feedback from teachers with regard to areas for further study, and exam techniques such as use of time. The practice exam period will be repeated in week two of Term 4 to enable students to put some of their new strategies into practice, with the aim that all students will be that little better prepared when the actual exam comes around. Any students who did not attend the Year 12 Parent Dinner may collect an information sheet and bus permission form for the holiday practice exam period from student reception or it is available on PAM.

VICTORIAN CURRICULUM

This week saw staff participate in professional development which included a focus on School Wide Positive Behaviours, and also the development of criterion based assessment procedures. With the implementation of the Victorian Curriculum, there is an increased focus on looking at learning as a developmental continuum. Teachers need to assess where students are in their learning, and teach them from there. Importantly, students also need to know what is the next step in their learning. This helps them to take more control over their learning, and helps to promote motivation. At the end of the year, parents and guardians will notice a slight change to our reports as all teachers of Year 7 to 10 classes will be reporting individual student achievement against the new Victorian Curriculum standards. Further information around reporting to standards will be provided toward the end of the year, but you are most welcome to contact me at any time with any queries.

By Jane Hando

Both the Numurkah and Nathalia Rotary teams have now progressed to the second round of the Rotary Debating Competition after the Numurkah team's win on the evening of Wednesday 23rd August. Ayla Armstrong, Riley Wilson, and Jess Kam debated against Notre Dame at the GV Hotel, and were unanimously awarded the points.

The Numurkah team were allocated the negative side of the debate in response to the topic 'University is essential for success'. Whilst all three students have a university pathway in their sights, they were able to come up with some really convincing arguments to contest the statement. Notably, a focus on the key words 'essential' and 'success' enabled them to construct arguments built around the idea that success comes in many forms, and that essential means absolutely necessary. Whilst the opposition presented their own definition of success they failed to define the key word 'essential' which provided opportunities for our team to control the debate.

Also progressing to the next round is the Nathalia team comprising Cooper Fitzpatrick, Luke Jubb, and Jack Collier. Disappointingly, they had prepared and rehearsed their debate only to have their opponents forfeit. The next topic should provide for some more interesting discussion: 'That sport should be compulsory in all schools'.

A big thank-you to Amelia Stanbrook who, at short notice, helped adjudicate the debate. Thanks also to Julie Andrew from Numurkah Rotary who has been our go-to person. Numurkah Rotary have not been involved in debating for a long period of time, and we are grateful for the support they have given our students.



HAPPY TEENAGERS & TEENAGE WELLBEING

Information from raisingchildren.net.au

Happy teenagers are teenagers with warm relationships. You can boost teenage wellbeing and happiness by encouraging your child to try new things, have goals, value personal strengths and focus on the good things in life.

TEENAGE HAPPINESS AND WELLBEING

Happiness is a state of mind or a mood. Happy teenagers are usually teenagers who are satisfied with their lives and relationships.

Wellbeing comes from physical, mental and emotional health. It's also about having positive emotions, taking part in different activities, having good relationships and social connections, finding meaning in life and feeling that you're doing well.

Happiness and wellbeing are related, but they're not the same thing. There are no clearly defined links between them. Teenagers can be happy because of some of the things that make up wellbeing, but they don't need all these things to be happy.

RAISING HAPPY TEENAGERS: TIPS

You can boost your child's happiness with praise and encouragement, clear rules and boundaries, a healthy family lifestyle and warm family relationships.

Praise, encouragement and positive attention

- Give your child praise when they behave in ways you want to encourage, like helping out, doing chores or getting homework done. For example, 'I really appreciate it when you clean up the kitchen'.
- Give your child attention – for example, go to watch them playing sport or whatever activity they are involved in.
- Encourage your child to try new things – for example, if your child is interested in playing a new sport, organise for it to happen.
- Value your child's strengths, and praise them for who they are. For example, 'You're really good at looking after the younger members in your school production group'. This helps to build self-esteem and protects them from comparing themselves to other people.
- Let your child know that you're proud of them when they try, especially when things are tough. For example, 'I was so proud of you for running all the way in your cross country race, even though I could see you were tired'.

RULES AND BOUNDARIES

Clear and fair rules help teenagers feel safe when lots of things in their lives are changing. If you involve your child in making the rules, they will be more likely to stick to them. Negotiating rules with your child is also a way of showing that you respect their growing maturity.

Healthy lifestyle

- Encourage good sleep habits: teenagers need about 9¼ hours of sleep each night.
- Help your child aim for at least 60 minutes of physical activity each day.
- Encourage your child to make healthy food choices to fuel their growth and development.
- Help your child keep a healthy balance between study, work and play. This might mean looking at how many nights your child is out doing things, how much down time they have, how much they can contribute to family life through chores, how many family meals you have together and so on.

For older teenagers, happiness depends a lot on having freedom and not having too many restrictions. It's about being respected, developing independently of parents or carers, making their own friendships and social life, and being taken seriously as individuals rather than being seen as stereotyped teenagers.

Important Dates:

TERM 3

25th Aug	Staff PD - <u>Student Free day</u>
4th Sept	Year 10 Outdoor Ed Ski Camp English/Humanities Week begins
6th Sept	Parent/Teacher Interviews Barooga 5.00pm - 8.00pm
7th Sept	Year 5 Transition (Yr 8 home)
11th Sept	Year 9 Grampians Group depart Campaspe Athletics Carnival
13th Sept	Parent/Teacher Interviews Nathalia 4.00pm - 8.00pm
14th Sept	Parent/Teacher Interviews Nathalia 9.00am - 3.00pm
20th Sept	Year 7 Immunisations Year 9 Subject Selection Information Evening
22nd Sept	Last Day of Term 3, FMDM Grand Prix



This year we will be celebrating the Feast of St Francis of Assisi on the last day of term three with a liturgical celebration as a school community, followed by Feast Day activities in conjunction with the FMDM Grand Prix.

Each year the FMDM Grand Prix event raises much needed funds to assist the FMDM Sisters who support and help educate orphans in Zimbabwe. We ask that students seek sponsorship for their homeroom's 'Grand Prix Car' with families, friends and businesses in their local communities (*Attached to this week's newsletter is a letter for sponsorship requests from businesses and families*).

So please start collecting your cardboard and seek donations for our annual FMDM Grand Prix which will take place on Friday 22nd September.

On the day there will be a car parade at recess, with the great race held later in the day during the Feast Day activities. There will also be sausages (\$1.50) and soft drinks (\$2.00) available for purchase at lunch.

There will be prizes for:

- the 'best car on show' in the Junior, Intermediate and Senior section;
- The homeroom that raises the most sponsorship and donations;
- and the homerooms that wins their respective race (junior, intermediate and senior).

The Rules of the race will be as follows:

1. Three races will be run: Junior (7&8), Intermediate (9&10) and Senior (11&12)
2. The car that enters the parade must be the same car which competes in the race. No pieces can be added or removed after the 'car parade'.
3. All racers must wear a helmet at all times. (The protective and safety qualities are not an issue).
4. Two laps of the circuit to be completed with a change after one lap. The driving team must be comprised of two males and two females.
5. After the first lap, the car may undergo repairs.
6. To be qualified a finisher, the car must still be held together at the end of the race.
7. A car can be made of several pieces of cardboard or boxes, but it must be a single box. (Trains not permitted)
8. Judges' decision is final and no dispute will be entered into.

All money raised will be donated to the FMDM sisters to fund their aid work in Zimbabwe. A portion will also be given to the community that our Year 12 students will assist while participating in the Alternative Schoolies program at the end of this year.

3rd August 2017



To Whom It May Concern,

The St Mary of the Angels Secondary College Social Justice Group, is coordinating the annual FMDM Grand Prix Event on Friday, 22nd September. Last year we raised \$5,360 which was donated to the FMDM orphanage in Zimbabwe. We are hoping to at least match this amount but endeavour with your help to exceed it. This year we are planning once again to send this money to aid the FMDM sisters in Zimbabwe and also contribute towards the community our Year 12 students in the Alternative Schoolies program will assist at the end of this year.

Students in each homeroom are invited to build a cardboard car (like on the Flintstones), decorate it and enter it in an obstacle race. Each homeroom is asked to raise money through sponsorship. The logo/name of the sponsors will appear on the cars that they make, as well as in the St Mary of the Angels newsletter, 'the Angel'. The race is a handicap event, so the more money raised by each homeroom the greater the advantage in the race.

Any donation, irrespective of the contribution, would be greatly appreciated. Your money will contribute to the success of our event and will be put towards a worthwhile cause.

Yours sincerely,

Ruth Hartnett-Carr
Deputy Principal – Catholic Identity



ST MARY OF THE ANGELS FMDM GRAND PRIX 2017

Name & homeroom of student requesting sponsorship:

.....

Name of Business/Organisation:.....

Contact Person:

Mailing Address:

Amount donated:

ICAS Science Competition

By Michelle McCracken

In May, students from all year levels were offered the opportunity to participate in the International Competitions and Assessments (ICAS) Science Competition. ICAS is an independent, skills-based assessment program which recognises and rewards student achievement.

All students who participated have been provided with a certificate and a graphical representation of their performance. The graph depicts the individual student's performance in each of the different areas assessed and provides a comparison with the average and range of scores for all students who participated at that year level in Australia.

Congratulations to all students who participated in this very 'challenging' competition, and in particular, to those students listed below who obtained a CREDIT certificate (top 25% of students) or DISTINCTION certificate (top 10% of students).

CREDIT CERTIFICATES:

- YR 7: Albatool Abdulamir & Nicholas Nolan
- YR 9: Justin Watson
- YR 10: Jordan Bovalina & Michael Brooks
- YR 11: Cooper Fitzpatrick, Jack Holt, Jessica Kam & Ryan Wallace
- YR 12: Alex Bakogianis, Patrick Brooks & Mikaela Wood

DISTINCTION CERTIFICATE:

- YR 10: Chloe Armstrong



L-R: Jordan Bovalina, Cooper Fitzpatrick, Chloe Armstrong, Michael Brooks, Jack Holt, Jessica Kam, Patrick Brooks, Ryan Wallace, Alex Bakogianis, Albatool Abdulamir, Mikaela Wood,

- Wednesday 6th September
5.00 pm - 8.00 pm
Barooga Sports Club, Barooga
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- Thursday 14th September
9.00 am - 3.00 pm
St Mary of the Angels, Nathalia

NSC interviews are on the 13th September. To make an appointment call the NSC Office on (03) 5866 2331

To book your SMOTA interview please go to: pam.smotanathalia.catholic.edu.au or contact the College for further assistance.

Yoga for Yoga's sake

By Steph Sparrow

Last Thursday Year 12 students from SMOTA were treated to a quick yoga session with local instructor Rod James. As part of their community time program and in an effort to teach students some stress management and relaxation techniques. The class could not have come at a better time, as Year 12 students face their final SAC's and begin to think about revision and exams. As a group, we look forward to practicing Yoga with Rod again next week and learning more about our Downward Dogs and Sun Salutations.



Please join us for a Social gathering at Shamrock Hotel in Numurkah on Wednesday 30th August, 6.00pm Dinner & Drinks will be available to purchase. We will be discussing fundraising ideas and the 2018 deb ball. Please come and join us.

Please RSVP to the College Office no later than Monday 28th August.

Year 9 Immersion News - Rubicon

By Dani Blain

Twelve Year 9 students departed for their week long Immersion experience at Camp Jungai on Monday 7th August, 2017. Although the weather bureau predicted cold, rainy weather, it was not as cold as forecasted.

Upon arrival, the Year 9 students met Aunty Aurore. Together we acknowledged the local Taungurung people, past, present and future and began our week of learning with a smoking ceremony.

The students participated in a range of activities while at Camp Jungai ranging from tasting bush foods and medicines to painting and throwing boomerangs, story

telling with Ron Murray and visiting Healseville Sanctuary, the site of the original Corranderk Reserve. An afternoon of High ropes and walk to Steavenson Falls also tested some students' sense of adventure.

Our last evening at Camp Jungai was made extra special by a magical didgeridoo experience which I am sure will be remembered by all who attended. Thanks must go to Ron Murray, Aunty Aurore and all the Camp Jungai staff for sharing their Aboriginal culture, Stuart Mansfield for driving the bus and Carmel Mills and Andrew Storer for volunteering their time to accompany the students and myself for the week.



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Year 9 Immersion News



Billiluna
Immersion Group

Left: Ready to
leave Melbourne
Airport

Right: Safely
arrived in Darwin



Yipirinya Immersion Group Left: At the airport Right: Safely arrived in Alice Springs



VET Music News

By Kim Carter

PERFORMANCE WORKSHOP.

Last week the VET Music class took part in a stagecraft workshop with musicians David and Meryllyn Carter. With more than 3000 performances under their belts, Carter and Carter shared some of their best stagecraft advice with the class. After a brain stretching rhythmic warm up activity, the Year 12 band and the Year 11 band worked with David and Meryllyn to hone their performance skills in preparation for their upcoming SAC and exam, gaining valuable feedback from the music duo.

VET MUSIC SHOWCASE PERFORMANCE EVENING

The VET Music showcase night is now only a week away! This is the major performance SAC for the Year 12's and a celebration of the achievements of the VET



Music class. The Year 12 band will be performing 2 sets of cover songs for assessment. The Year 11's will be presenting a variety of original music and entertaining covers to complete their ensemble performance unit and showcase the outcomes of their song writing unit.

Everyone is welcome to attend and those considering VET Music as a subject next year are especially encouraged to come along.

The VET Music Showcase is on Wednesday 30th August in the St Clare Auditorium from 7.00pm – 8.30pm. Free entry.

BATTLE OF THE BANDS

Year 12 VET Music students Liam Wyatt-Carter and Isaiah Mustica, with their band The Delirious, won the Moira Shire Battle of the Bands competition in Cobram last weekend! The Delirious received a cash prize and a place in the regional final in Bright during the next school holidays. Congratulations boys and thank you to all the SMOTA students who came along to support them at the comp!

WINTER MARKET BUSKERS

If you happen to be at the Shepparton Winter Market this Friday, keep an eye out for some of our VET Music students who will be busking around the CBD, entertaining the shoppers.

National Science Week

By Michelle McCracken

St Mary's was 'a buzz' with all things SCIENCE last week as the College celebrated National Science Week. The week started with the Science faculty providing a morning tea for all staff, clearly thriving on the opportunity to showcase our creative side. There were cupcakes decorated with symbols from the periodic table, biscuits resembling pieces of laboratory equipment, a DNA cake, a large collection of 'good' (fruit and cheese) and 'bad' (lolly) molecules, a fault-line cake and plenty more amazing creations! All this took place in a staffroom transformed with ceiling decorations, science-themed table runners, food-dyed flowers and 'Harold' the skeleton in prime position. There was even a brain break science quiz available for staff who felt inspired to take on the challenge.



The rest of the week provided ample opportunities for students to explore with activities on offer every lunch time. Tuesday saw Mr Bakogianis and the senior Physics students run the ever popular 'minute-to-win-it' activities with students participating in a number of fun challenges against the clock. Plenty of laughter could be heard as students endeavoured to bounce a ball off the wall and into a bucket on their head or attempted to move an oreo biscuit from their forehead into their mouth without using their hands!

Wednesday was certainly not for the 'queasy' or 'faint-hearted' as Mrs Knight's Biology students assisted others to examine the internal organs of rats and toads. There was even the opportunity to dissect a sheep heart and eyeball or to expand a set of sheep lungs!

The much anticipated Chemistry show is always popular as students flock to the auditorium to be amazed by the light, colour and sound of many chemical reactions. With the auditorium at near capacity on Thursday, students were enthralled by the spectacular show the Year 12 Chemistry students delivered, with some students seen to 'jump' in their seats with surprise!



Friday lunchtime was the final of the Year 7 and 8 'Egg Drop' challenge and saw a small crowd of eager participants and onlookers gather to see whose egg would survive the fall! In Science classes during the week, students in Years 7 and 8 had worked with a partner to design a device using only 'provided' materials that would hold an egg without breaking if it was dropped from a height of 2 metres. Many a 'splat' could

be heard in Science classes throughout the week as trials were held to determine those who would represent their Homeroom in the final on Friday. Congratulations to the winners and runner-ups in this fun challenge. Perhaps there are some future engineers amongst you?

Finally, I would like to thank all the staff and senior students who supervised the activities throughout the week and also to the many students who participated so enthusiastically. Your involvement continues to ensure that National Science Week is a highlight on the College calendar. Until next year.....!



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National Science Week



Table Tennis

On the 8th August around 40 year 7 students enjoying table tennis at recess and lunchtime. The weather then turned and when it started to rain, we all piled in the one shed!!!! The victors of the day were Hugh Hyde and Lachie O'Hara.

The tables are available from Monday through to Wednesday each lunchtime. Feel free to come and have a hit!



Year 7 Football

By Matteo Allen, Bailey Smith & Hayden Davis

After an early start on the 16th August we arrived at the Alfredton Rec Reserve in Ballarat. The conditions were horrible, freezing, strong gusts of wind and water everywhere.

In the first quarter we were against the wind and the tip was to kick the ball out wide. Luke Bosse tapped it down many times feeding the onballers, Ryan Mele, Matteo Allen, Will Slatterie. A great first quarter meant we were only down 6 - 7. We moved into the second quarter and Hunter Verhoeven kicked an early goal. The Third quarter was tough again for defenders, but Clayton Beer, Connor Baxa, Lewis Mele, Connor Sessions and Lachie Adams held strong, however we were down by 12. We had the wind advantage in the last quarter and Mr Storer told us to be patient it will come. Bailey Smith kicked a point, Matteo Allen kicked a goal which helped to close the gap, now down by 5. Hayden Davis then snapped a goal, now we were up by 1. The spectators and supporters were getting very excited. Kade O'Dwyer kicked a quick goal and in the last few minutes of the fourth quarter, where Hayden Davis took a mark in the pocket and quickly centred to Bailey Smith who was directly in front. He kicked and elation on the bench erupted. The siren rang and it was time to quickly prepare for the next game.

We moved to the better ground and the opposition was classy – Maribyrnong College who are a sport school. They kicked many points until Lachie O'Hara moved the ball quickly to Will Slatterie who ran onto the ball and kicked the first goal of the game. Kade O'Dwyer, Hugh Hyde and Alex Braaksma combined well working with the hard running Chase Hardwidge. Jack Hindson began in the ruck and started off well before getting a knock. Mitch Ward, Flynn Penberthy ran hard chasing all day. Braydie Wright nearly

took the mark of the day, however it unfortunately spilled out. The little men, Aidan Cox, Mak Hindmarsh and Jase Beckett played bigger than their boots. Aside from a little mix up with the goal square! Dakota Borg and Patrick Bennett ran hard all day.

Well done boys. You're 3rd in the State!!

Campaspe Basketball

By Andrew 'Strazz' Storer

On the 22nd 4 teams of keen Basketballers made the early trip over to Echuca for the Annual Campaspe Junior Basketball tournament. The pace was very hot early (Unlike the temperature in the gym) with our Inter Girls and the Year 7 boys getting a bit of a Basketball lesson at the mercy of St Joes Echuca. I have a feeling the boys in particular were out for a little revenge after our recent victory over them in the footy. After this it was onwards and upwards with plenty of improvements being made by all teams over the day.

The Year 7 Boys were probably the most successful side on the day with 2 wins, 1 draw and a heavy loss.

The Inter Girls managed a win also and placed off in the second cross over game only to go down narrowly to Echuca College in this match. The girls made more than their share of the play but unfortunately our shooting percentage really cost us in the end.

The Year 7 Girls battled hard all day and simply never gave up in true SMOTA fashion. They too also had a win, which was good for our youngest side with probably the least experience. For many of these girls it was their first tournament and I know they loved the experience and the competition.

The inter boys battled hard most of the day but were again up against some very fine talented players from the other schools.

There is an overall trophy awards for the school with the most wins on the day. This year it was taken out by Rochester. SMOTA ran 4th in the overall standings out of the 7 schools that competed on the day. This is a fairly solid performance in a Sport that we traditionally don't excel at. The quality of our opposition at this tournament in very impressive and a real credit to them. But as always our students battled hard all day and should be very proud of their efforts. They gave everything they could to represent our school as best they could. Well done to all students involved.



Just Leadership Day

By Bree Kent & Sarah Carr

Last Tuesday the 22nd August, 10 enthusiastic year 8 girls travelled to Echuca to participate in the 2017 Just Leadership Day. On this day we learnt a lot about refugees, asylum seekers and climate change and what we can do to help make their life better. We also learnt the importance of speaking up for what is right and just, the qualities needed to make a good leader, and things we can do in our local community to stand in solidarity with those who are less fortunate than us. Overall it was a good day and taught us how to create change in the world.



Outdoor Ed News

By Evie Kennedy

On the 23rd of August the Outdoor Ed Unit 1&2 class went to Shepparton to the visit the Goulburn River. Here we had the opportunity to sit in the environment on our own and given time to reflect on the impacts and the features of the environment. We had a look at recreational use of the Goulburn River which included; walking, competition races, swimming, fishing, kayaking and we even saw a bush kinder group there.



St Mary Of The Angels Nathalia
Nathalia Secondary Collage
St Augustine's Kyabram



VET MUSIC SHOWCASE NIGHT

Wednesday August 30 Free Entry
From 7pm Light Supper
SMOTA St Clare Auditorium

Featuring music by the year 11 and the year 12 VET music bands, small groups and individual performances to showcase the achievements of 2017 VET music class.

Boys Brains

This two hour workshop will give insight into the workings of a boy's brain and how their needs are different to girls. It will provide practical strategies to help parents and carer's understand boy's needs and how to meet them.

When: Monday 11th September 2017

Time: Arrival and registrations 6.15pm;
Session 6.30pm to 8.30pm

Where: Tongala Community Activities Centre
Meeting Room 1.

Cost: Free

Facilitators: CatholicCare Family Education
Services Team

**Childcare is not provided

For bookings and enquiries phone Jessica on
58591268 or tcacadmin@bigpond.com



Groups are subject to minimum numbers determined seven working days prior to the commencement date. Early registration is encouraged.



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Woolworths Earn & Learn 2017

This year we are again participating in the Woolworths Earn & Learn program. Through this program we will be able to get new educational resources for our school and all you need to do is shop for your groceries at Woolworths.

Until Tuesday 19th September or while stock lasts, we are collecting Woolworths Earn & Learn Stickers. You will get one Woolworths Earn & Learn Sticker for every \$10 spent (excluding liquor, tobacco and gift cards). Place the Woolworths Earn & Learn Sticker onto a Woolworths Earn & Learn Sticker Sheet and when it's complete, the Sticker Sheet can be dropped into the Collection Box here at the school or at your local Woolworths.

At the end of the promotion, we'll be able to get some great new equipment. The range is extensive and offers lots of items ideal for our students – including resources for Maths, English, Science and some fantastic fun supplies for Arts & Craft, Sport and for our library. If you'd like to know more visit woolworths.com.au/earnandlearn